

THE NOE VALLEY VOICE

Local Father Prays for Two Sons in Gulf War

By Geraldine Lanier

Now that war has become a reality in the Persian Gulf, soldiers' families and friends must deal with intensified feelings of hope and fear.

Noe Valley resident Tim Tanner, 49, also faces this swelling uncertainty. His two sons, who are in the Marine Corps, are stationed in the Gulf.

Twenty-four-year-old Scott Tanner, who currently goes by the name Mike Borrellt, is a corporal and is now on the front lines. Chris Tanner, 22, is a sergeant and is setting up surveillance monitors, generators, and other electrical equipment behind the lines.

Although Tim Tanner's concern for his sons' safety can be overwhelming at times, he continues to work as an administrator in the Federal Deposit Insurance Company (FDIC). And he's a regular member of the congregation at the Noe Valley Ministry, the Presbyterian church on Sanchez Street.

Despite his worrisome predicament, he has openly shared his feelings about his sons' situation—and his role as a parent—with the *Voice*. The following is in Tanner's own words:

"Scott and Chris were in the ROTC program at McAteer High School. After Scott graduated in 1983, he immediately



They Want Him Home: A family whose son and brother is serving with U.S. military troops in the Persian Gulf gathered with thousands of other concerned Bay Area residents at Dolores Park to protest the war. More photos on pages 20-21. PHOTO BY TOM WACHIS

joined the Marines. And Chris did too, after he graduated in 1985. I think that their primary drive was that the head of the ROTC program then was a retired

Marine officer. And they were looking for the macho thing to do. It was also a

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Jim Schwanke: A Small-Town Doctor in The Big City

By Laura Holland

You won't find him on the cover of *GQ*, eating caviar in a highrise penthouse, or rushing through hospital corridors, oblivious to the people around him. James E. Schwanke, M.D., the Noe Valley pediatrician who listens to the heartbeat of 2,500 children a year—in the bright-pink office building at 24th and Dolores streets—has never aspired to be anybody's chief of staff.

He strolls in modest walking shoes, baggy pants, and western-style shirt through his life of service, seemingly unscathed by the grab-everything-you-can mentality of the past two decades. Time is not in short supply in Schwanke's universe, a doctor's office filled with murals, fish tank, plants, picture hooks, and toys—things wide eyes like to ponder and chubby fingers can't resist.

"He puts time in where it's needed," says Angela Montemayor, his business manager. "Even if he has to keep people waiting, patients come out satisfied."

Montemayor began as Schwanke's temporary receptionist eight years ago. He was her children's pediatrician, and she liked his style. "I pursued him," she openly admits, "and as an employer he's

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Noe Valley—Isn't It Romantic?

By Margo Weisz

Is Noe Valley conducive to love?

According to several local romantics, Noe Valley, with its spectacular city views and charming sidewalk flower stands, as well as its numerous gourmet pasta, cheese, and wine shops, contains many of the ingredients vital to the creation of romance.

"Noe Valley has the components that can make your home a romantic experience," says Jersey Street resident Dominick Albano, 27. "Just stop at the florist and the card shop, then pick up fresh bread and fruit and candles."

Bennett Johnston, 31, of Dolores Street, agrees—he often buys his girlfriend flowers or books from 24th Street, and then heads back to his residence "for romance at home."

The homes in Noe Valley are, in fact, considered by some residents to be a prime romantic feature of the neighborhood. Valerie Bellarmino, 36, of Whitney Street, says, "The Victorian houses are romantic, especially because people take pride in them and decorate them with flowers." And 20-year-old Rachael Roditti, who lives on 20th Street, believes that her home offers an idyllic setting, because "the roof of my house is the most romantic spot in all of Noe Valley—panoramic view, private, and all the stars are out. It definitely has romantic action."

The hitly landscape of Noe Valley offers panoramic views from almost any location, and many residents have staked out favorite vistas. Leon Blum, for example, finds Laidley Street "extremely romantic." Blum, 55, and his partner "love to go there and walk up the steps [where Noe Street ends]. The views are beautiful and the area is woodsy, like being in the country."

For 13-year-old Sarah Palmer, of Jersey Street, Douglass Park has a special ambience, "because it is in the hills, and there are lots of trees and many places to be alone."

Don Zweig, 38, of 22nd Street, claims that the J-Church streetcar alley, located at 22nd between Church and Dolores, is ideal for amorous walks because it boasts "beautiful views and is quiet and very romantic." He says he experiences his greatest thrill in the alley when two streetcars pass at the same time, and he and his partner are able to endure the dangerous encounter together.

All in all, most people characterize the romantic ambience of Noe Valley as more down-to-earth than glamorous. But this quieter kind of romance, according to 25-year-old Christian Schneider, who grew up on 26th Street, "is all over, oozing out of the woodwork." Romance

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The Noe Valley Mall provides a secluded site for Jesse Smith and Ron Garrito to share sips, smiles, and Valentine's Day plans. PHOTO BY LORENI WARWICK

A War to Defend Freedom

Editor:

I sit here tonight watching the evening news. It is the fifth day of "Desert Storm." Already in the Middle East, it is the beginning of the sixth day. I listen to the reports of war, air raids, and bombing over there. And even more reports of violence and protesting here. All this in the name of peace.

I have to wonder about the protesters. Do they understand what they are protesting against? If they do, then I have to ask, do they understand what they are supporting? I'm sure their hearts are in the right place, but their actions encourage the wrong people.

I would like to offer a perspective that many people may be overlooking. First and foremost, I want to say that I do not like war and violence, but I do believe in the causes we as American citizens are fighting for. And sometimes we have to do things we don't like for the betterment of ourselves and all mankind.

Secondly, I would like to point out that although oil is one of the major issues of this conflict, it is not the only reason. There is one issue that is even larger and more important: freedom. Our forefathers have been fighting for freedom since the days of the American Revolution. Freedom is the main reason for many of our ancestors' immigration to this country.

As American citizens, we believe that every man, woman, and child on this planet has the undeniable right to freedom, the right to live. Saddam Hussein has violated this right. He is, to put it in simple terms, a bully. His army invaded a smaller country with the knowledge that they would not be able to protect and defend themselves. Then, under further orders from their leader, the Iraqi army proceeded to rob, rape, and murder the civilian population of Kuwait. There was no logical reason for them to do this, except to terrorize innocent people. Civilians are not a part of the military, they are not armed, and they did not provoke their terrorizers.

There isn't one single American who doesn't want our soldiers, sailors, and pilots to come home, and come home soon. And not one single person in the entire world wants this war to continue any longer than absolutely necessary. We should unite in prayer, not violence, that peace should come to all who live on this planet, and that our troops can come home soon.

Judianne Dong
Sutter Street

No Blood for Eggs Either

Editor:

On Friday evening Jan. 11, before the start of military action in Iraq, I went over to Bell Market to pick up some eggs. When I found my usual paper carton of large eggs priced at \$2.36 a dozen, I decided I didn't need them and asked the sweet young woman at the checkout counter why eggs were so high. Her immediate reply was: "Because of the war!"

The next morning large eggs in the

Editor's Note: The above letters are the last you'll see published here for the bargain rate of 25¢. As you read this, the new rate for first-class mail is 29¢. We'll change our Letters heading to reflect the increase in our March issue. And that got us to thinking, are there any attentive readers who remember what a first-class stamp cost the first year the Voice was published? If so, please drop us a line (we had to look it up ourselves). Thanks.



LETTERS 25¢

cardboard carton were \$1.69 at Petrini's Stonestown, and I have since seen similar eggs at Lick Super Market, Clement Street and Sixth Avenue, for \$1.53. Meanwhile, 24th Street Bell's eggs have declined all the way to \$1.99!

I don't know whether this tells me more about the war or about Bell Market—but it's certainly a rip-off!

Barbara L. Holman
Dolores Street

Crime News a Sore Spot

Editor:

Robbery and crime stories have become your front-page staples. If you want to inform Noe Valley residents for their safety, couldn't these pieces of "news" be covered as more ordinary articles in the interior of the paper?

If you want to alarm and arouse interest in the *Noe Valley Voice* through fear, I suppose you will continue to blare headlines. The *Chronicle/Examiner* (stagnant circulation) and local TV channels (decreasing viewers) try it with dubious success.

If you insist on this trend, could you at least consider providing your readers with a sense of hope instead of despair? Your December 1990 issue could have easily and accurately had a front-page headline that read, "Two Armed Robbers Arrested in Noe Valley."

People need all the feeling of being able to cope that they can wrest from the news media.

A. McDonald
Sanchez Street

Gary the Panhandler Merchant of the Year

Editor:

It's been at least two Christmases since I first noticed the tall man in the gray overcoat—Gary, the 24th Street panhandler. For over a year, this individual has trudged back and forth on 24th, from mid-morning to midnight in his relentless pursuit of the American coin. Rain or shine, cold or warm, foggy or sunny, Gary has been out there "working the street," spare-changing anything that moves, breathes, or blinks.

The long hours he puts in every day, the hardships he faces seven days a week, must easily qualify him to be among the 10 hardest-working merchants in Noe Valley. In fact, he is the merchant that any storekeeper or restaurateur would love to be: he sells absolutely nothing, but people give him money anyway!

I propose that the Merchants' Association take note of this Noe Valley "super-merchant" and honor him—not with a luncheon or a dinner, but by providing little cans with his picture on them and placing them right beside the cash register on every counter on 24th Street.

Gary could then take a well-deserved vacation and suffer no interruption in his cash flow. And if things work out and he earns enough, he could take up residence in Cloverdale and commute weekly to empty the cans.

Chuck (last name withheld by request)
Noe Valley

Nitpicking Over Names

Editor:

When I was a child in Eureka Valley, the plan to construct the Josephine Randall Junior Museum was announced. It was to be built on "Corona Heights."

That was very exciting news, but no one knew where Corona Heights was. We very carefully examined the map showing the museum's proposed location, but remained confused. It looked like they were going to build the museum on the area we called Rocky.

After much discussion, we decided that City Hall had renamed Rocky "Corona Heights." Some people in other parts of town called it Red Rock Hill, and a few called it Rock Hill.

Recently, I met a woman in her 40s who grew up on Roosevelt Way near Levant. The museum has been there, a short walk from her childhood home, since she was a baby, but she had never heard of Corona Heights, Red Rock Hill, nor Rock Hill. It's Rocky to her, too.

Just as I am offended by the use of the adjective "gay" as a noun and by the redundant term "gay and lesbian," I am also offended by the use of incorrect names to refer to my home. The most common is "Castro District" for Eureka Valley. Yes, there is a Castro Street and, in the Planning Department's words, a "Castro Commercial Neighborhood," but the district in which they lie is Eureka Valley.

There's also a neighborhood—not a district—called "Upper Market," but it's very small. It lies mostly within Eureka Valley, but crosses into Twin Peaks and Diamond Heights.

A friend was told the home she bought on Belvedere Street was in Ashbury Heights. It isn't. Although Ashbury Heights is in the Haight-Ashbury, Belvedere Street isn't in Ashbury Heights.

Ingleside Terraces is consistently misnamed Ingleside Terrace, yet at several entrances to the neighborhood there are stelae clearly stating the correct name.

We've all heard that somewhere around here there is an Oakland Bay Bridge, but I've never been able to find any evidence of an Oakland Bay, nor a bridge over it.

Visitation Valley is frequently misspelled Visitation Valley and usually pronounced that way. The mispronunciation doesn't bother me, but the misspelling does. Yeah, I know, bitch, bitch, bitch.

Lew D. Serbin
Eureka Valley

Local Residents Rude To Bank Tellers

Editor:

Several issues ago the *Noe Valley Voice* reported that there may soon be "live" tellers at the Wells Fargo Bank facility on 24th Street. (Currently, there are only ATMs.)

In this age of ever-increasing automation and impersonality, this will probably be considered good news to many. However, having recently worked as a teller for a bank in Noe Valley, I am sorry to say that I do not think a considerable number of the residents of this neighborhood deserve a "live" teller. My experience, in short, was a daily subjection to a frightfully large number of people who were rude, obnoxious, argumentative, demanding, foul-mouthed, whiny, dishonest, petty, irresponsible, inebriated, or simply irrational.

Now, banks have a terrible reputation for the way they treat their customers. In fact, banks have a terrible reputation for just about everything, and I have absolutely no interest in defending banks *per se*. However, if one does not know anything whatsoever about retail banking, how can the claim be made that all the bank's policies are unreasonable?

For many customers, it seems that everything the bank does is unfair and unreasonable. But how can they know this? Is everything your mechanic does unreasonable? Is every policy of Bell Market an outrage? Is Walgreen's constantly trying to cheat you? My point is simply this: one thing that is clearly unreasonable is to be convinced *a priori* that everything the bank does is wrong.

My focus, though, is on personal relations. Even if the bank is wrong, that does not justify being obnoxious to the tellers, who have about as much control over the bank's policies as the clerks at Safeway have over the store's prices. Furthermore, the tellers are not allowed to "talk back." They must simply "take" the verbal abuse dished out by the people of Noe Valley.

It seems that most of the younger people in Noe Valley are college-educated. Perhaps this is a partial explanation for

their boorish behavior: since they have been to college, they must be smarter than anybody who works in a bank. The utter lack of correlation between education and intelligence is so well-known that I only need mention it to make my point here. Moreover, what bearing does a college degree have on knowing and understanding the inner workings of retail banking?

Noe Valley is supposedly very hip, politically conscious/correct, and sensitive to peoples of the Third World. This sophistication, however, seems to disappear when confronted with a real working person, usually a woman, from the Third World. I have witnessed countless incidents in which a Chinese, Vietnamese, Filipino, or Latino teller was made to feel very uncomfortable because of some minor language difficulty or imperfect understanding of American culture. How can these hipsters make the world a better place when they cannot even treat another human being with dignity?

Steve Halebsky
Fell Street

Noe's Diminishing Wildlife

Editor:

There are raccoons still in San Francisco. No foxes, no bobcats, no deer, no weasels anymore. They're long gone. And I haven't even seen or sniffed skunks recently. But we still do have a few raccoons left in Noe Valley and San Francisco—hardy, adaptable guys, foraging where they can.

I think we should consider them not as creatures to feed, but as natural life to harbor. As developers go for the last steep lands in San Francisco, they wipe out the last refuges of our few remaining native species.

New Year's night I had several friends from other districts of San Francisco over to my home to celebrate. At 1 a.m., as we were cleaning up, a raccoon walked up to the porch. We turned out the light in the kitchen and watched in silence. One woman had never seen a raccoon in her area of the city, where I know there were some a few years ago. But most had just never seen one.

They were all so enthralled, it made me wonder. Will we have to go to the zoo soon to see the relatives of that lone wild visitor?

Jean Amos
Elizabeth Street



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Tanner— Father of Two Marines

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hard time for them when they joined the Marines because my wife and I were going through a divorce.

"In every family, a pendulum swings. As a liberal father who participated in a lot of anti-war activities on Vietnam, I saw the pendulum swing the other way. And I think that at first my sons felt that I wasn't supportive of them and that I disagreed with their decision.

"If I was a conservative, they might have gone the liberal route. But since I'm a liberal, they had to try their wings and learn what they had to learn by finding different answers in life than what their parent said.

"I don't look at it as a rebellious type of thing. I see it as them saying, 'This is what my parents have given me. That is their standard. Now I've got to go out and find my own standard. So I'm going to choose something on the opposite side of the spectrum.'

"Scott and Chris were initially trained at Camp Pendleton, which is north of San Diego. Scott was on a tour of duty in Japan before receiving orders to depart for the Gulf in August 1990. And Chris departed from Camp Pendleton in December. Since they're in different divisions, they have had no contact with each other.

"Right now, they look at their positions in the Persian Gulf as jobs to do, and they're there to do it. Scott had sent a letter to the Noe Valley Ministry, and from what he wrote, I assumed that he did not necessarily agree politically with the U.S. forces being there. But since he's there, he's willing to do his job. And I'm sure that he's scared to death.

"As a father, I've learned to support them as human beings who must make their own choices. Even if they had chosen to become drug addicts or something like that, I would still love them and hope that they would rise above it.

"In supporting them now, I try to put a lot of positive energy in their direction for their protection. At Scott's repeated requests in his letters, I'm staying in touch with his wife, Tinka. They've been married for two years now and she lives in Long Beach, California. So I call her at least once or twice a week, which has been very useful for her and for me. Scott is thankful about this, which helps to relieve him of his worries for her. And a lot of people have written letters to Scott and Chris, which they really appreciate.

"Right now, my spiritual grounding is the thing that keeps me from flying off the deep end. And I pray fervently for my sons' safety.

"I realize that my job as a parent is to let them know that I support them. I don't have to agree or disagree with war as far as letting them know that I love them very much.

"I had two heart attacks, in April and June of last year. My sons were sent home then to be with me. At that time, I



Despite his political objections to war, Noe Valley resident Tim Tanner tenders strong emotional support for his two sons serving in the Middle East. PHOTO BY BEVERLY THARP.

did a lot of bonding with them, letting them know that I love them no matter what. And I'm grateful for that special time we had to understand each other.

"Right now I see them growing as mature men who are accepting the responsibilities of their decisions. And a strong bond is taking place between us that might have taken years otherwise.

"It was their choice to join the Marines, and I hope that they've been trained well enough to stay alive in the Gulf. Although this time is very difficult for

me, I strongly feel that parents have to be positive about this situation. If one gets into the negative aspect, you become powerless and useless to your children. My primary goal at this point is to let Scott and Chris know that I love them regardless of where they are."

Letters to Corporal Mike Borrell (Scott Tanner) and Sergeant Chris Tanner may be sent to Tim Tanner, c/o the Noe Valley Ministry, 1021 Sanchez St., San Francisco, CA 94114. □

3 Robberies On 24th Street In January

By Steve Steinberg

A mini-crime wave hit Noe Valley last month as three 24th Street businesses fell victim to robberies.

The most serious of the robberies occurred at Tien Fu Restaurant, 3945 24th St., on Sunday, Jan. 6, when three young men, armed with automatic pistols, burst into the bar-restaurant at 10:30 p.m.

According to Rae Caracher, the bartender on duty, only about four customers were in the restaurant when the holdup occurred. Caracher said the men left the customers alone, but roughed up some of the staff, including hushy David Lee, who was pistol-whipped by one of the robbers. Caracher herself suffered some bruises, after being pushed and shoved around the restaurant by the intruders. "I was scared, hurt, and pissed off," she said. "They were not nice people, and it was not a pleasant experience." Lee was recovering, according to Tien Fu staff.

The thieves broke into the restaurant safe and also took money from the cash register. Caracher estimated that \$2,000 was stolen in the holdup.

The case is being investigated by the San Francisco Police Department's Gang Task Force. Witnesses identified the robbers as Asian, and investigators speculated that they might be members of an Asian gang. So far, however, the police have no clues as to their exact identity.

Another unrelated robbery took place at Classy Sweats, an apparel store at 3858 24th St. In this case, a lone individual made off with \$150 worth of merchandise after terrorizing the store's owner.

Alex Jancula said she was temporarily alone in her shop on the afternoon of Jan. 14, when a slender man in his 20s came in to look around. Jancula said she immediately had "a bad feeling about him, a knot in my stomach."

The man asked her to show him some clothes, and then, according to Jancula, began acting very bizarrely, distorting his facial muscles. "He turned into a monster," she said. Jancula said he forced her into a back room and then demanded a shopping bag, which he filled up with clothes. After telling her to stay in the room, he left the shop. Jancula said she

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Mini-Crime Wave

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considered herself extremely lucky that the intruder hadn't attacked her.

Currently, police have no leads in the case.

In the next block of 24th Street, at Uptown News, the magazine shop near the corner of Sanchez, two men in their 40s forced clerk Kayla Garcia at knife-point to hand over money in the cash register during the evening of Jan. 10. Garcia, who is a high school student, was alone in the store when the robbery occurred, according to store owner Lums Williams. Williams said she was not hurt. Police have no leads in this robbery either.

In other crime news, San Francisco and Peninsula police officers last month raided 13 houses in connection with a string of armed robberies in San Francisco and Peninsula cities that began last September. Of the San Francisco homes raided, several were in Diamond Heights, Noe Valley, and Glen Park, police said.

Although police did not make any arrests in connection with the Jan. 7 raids, they seized 13 guns and possible stolen property. Police are looking for links between the weapons and property and the robberies, according to Inspector Vince Repetto of the San Francisco Police Robbery Detail.

Two Noe Valley businesses, O'Greenberg's Bar and an unnamed restaurant in the area of 30th and Church streets, were

among the establishments robbed last fall, as reported in the December 1990 issue of the Voice.

Repetto said that since mid-November the number of robberies that police believe may have been committed by the same group of individuals had risen to over two dozen. He added that the hand-dits had broadened the scope of their crimes to include bars, restaurants, video stores, and gas stations in an expanding area of the city and the Peninsula. Repetto said this was a "usual pattern" in robberies. "They start out close to home and spread out as they get holder."

The crimes are believed to have been committed by a group of young men, ages 15 to 21.

Two suspects, Donovan Jarrel and a 15-year-old juvenile, were arrested soon after the Oct. 9 O'Greenberg's robbery. According to police, Jarrel pled guilty to the crime and was sentenced to three years in state prison. The juvenile was also convicted and sentenced through the juvenile court system, but his name and sentence could not be revealed because of his age.

In addition, two other arrests occurred in Colma in November and December of juvenile suspects believed to be linked to the holdups.

Repetto said police were continuing their investigation. He also said that "money was a prime motivation" in the robberies, adding that "once they got their hands on guns, they went on a crime spree." □

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Dr. Schwanke Is on Call for Noe Valley Kids

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a pretty fair guy. I have to ask for what I need, but he's receptive when I tell him."

Pediatrician Nancy Iverson has also found her niche working with Dr. Schwanke. Iverson gave up commuting to Kaiser from her Noe Valley home one year ago to become his part-time associate. After 10 years of handling five-minute appointments, she was ready for a change.

"Several people all at once recommended that I talk with Jim when I was thinking about quitting Kaiser. They thought we'd get along well, and they were right," she says.

Not only do they have compatible philosophies and attitudes, says Iverson, they also share a predilection for making house calls—something usually found only on *Donna Reed Show* reruns.

"The house calls are one of my favorite things about working here," she says. "The past year has been the best so far in my profession. Jim's definitely the person I plan to work with long-term."

The parents of Schwanke's patients are equally enthusiastic about this low-key Denver native who, after graduating from the University of Chicago's medical school in 1973, headed west to do his internship at San Francisco General Hospital. He then did his pediatric residency at U.C. San Francisco, through a special program funded to train doctors specifically for primary care, in contrast to tertiary (highly specialized) care, or research. Schwanke's more generalized training prepared him well for his life's work, and for opening his Noe Valley office 14 years ago.

Army Street resident Nancy Horner, who has been taking her kids to Schwanke for many years, has come to rely on that "all-around" expertise. "My kids Kacy, 7, and Thea, 9, were born at home," she says. "Dr. Schwanke came over and did the pediatric evaluation for each of them on the day they were born."

The Horners were Kaiser members at the time, but they paid extra to keep Schwanke on. "He's in the neighborhood and accessible," says Horner. "I once called him at 6 a.m., when our daughter awoke with a swollen lip, on our way to a remote campsite on Catalina Island. He told us how to take care of it, and we continued our trip. He and his staff are very available for advice, short notice drop-ins, and all the things you have to be ready to handle when you have kids."

Gwen Passano, of 29th Street, selected Schwanke as her first child's pediatrician, and used him for a year even though her family also belonged to Kaiser. "With Walt, I needed a doctor to hold my hand, someone who was a little more personal and close by," she recalls. "Dr. Schwanke doesn't make a big deal about problems, and takes everything in stride. He gives you confidence in your own parenting ability."

Schwanke chose to base his practice in Noe Valley in 1977 because he wanted a



Suzanne Raynard and sons Jack, 2, and Max, 5½, appreciate the attention that pediatrician James Schwanke lavishes on all his patients.
PHOTO BY LORNE WARWICK

neighborhood-based practice rather than one in a big medical center. Noe Valley did not have a pediatrician at that time, and Schwanke says, "It is about as close as you can get to a small town in a big city."

Some of his earliest work here was with Vanny Garabedian, a lay-midwife doing home births. Garabedian has since moved, and Schwanke now has a staff of six who assist him in serving a varied group of parents and children.

"I see parents of all different kinds. A few were my patients as children and are now young parents themselves," he notes. "I see 40-year-old lawyers, 17-year-old single moms who live with their families, and mothers from Pomeroy House, an alcohol rehabilitation program on Bryant Street. It's a very mixed practice."

Whether he's dealing with a dual-income couple or a welfare mother, however, he has no pre-set agenda. "I view myself as a kind of consultant to the family. Parents seek what they want, and I help them do what they want to do," he says.

Schwanke's original aim in medical school was to be a psychiatrist. "I thought pediatrics would be good preparation for psychiatry, because I would find out about how people became who they were," he says. He wound up liking other pediatricians, and the children he met, but not caring for what he saw of psychiatry.

"Looking back, my own pediatrician shaped my model of what a doctor is supposed to be. I had him in mind. He took an interest in me, and was the most important person outside my family who influenced how my family treated me," he reflects. His mom was from Oklahoma, so she had no family in Denver to help her with day-to-day problems. Schwanke was her first and only child, and when she was looking for additional input, she had a hard time finding it.

"Some parents have good support sys-

tems, but there are many more who are on their own," he says. "A pediatrician can help construct support systems for the family. It is important for children to have more than one or two adults who care what happens to them, and I try to be one of those people."

Schwanke got married four years ago, and lives in Bernal Heights with his wife Cecille and 3-year-old daughter Theresa. He says he always wanted to have a child before he turned 40, and little Theresa obliged him by being born in the last hour of Oct. 11, 1987, the day before her dad's 40th birthday.

Schwanke says he has learned a lot from his practical parenting experience. "The advantage to being a single practitioner is that your patients are your family," he observes. "But as a parent, I have an equally strong commitment to my family, and it has caused me to redefine how I practice medicine." He is now more appreciative, he adds, of parents who are trying to achieve balance in their lives between work and family.

The most difficult part of practicing medicine, says Schwanke, is running a business—interfacing with large insurance companies and Medi-Cal, which are "constantly changing their rules." His office staff helps him make sense of it all, and assists patients in adapting to changes in how medicine is organized and paid for.

The best part of practicing medicine, he says, is the children. "You get to spend almost your whole day getting to know them, watching them change. There is enormous positive energy coming from children, and they require a high degree of honesty and flexibility that keeps me spontaneous."

Schwanke has observed that children in Noe Valley are lucky because they have a very interested group of parents, on the whole. "[The parents] are an unusually active and critical group who

work very hard to be child advocates. Not every child is blessed with that," he says, adding that he thinks recent changes in his office will serve this population even better.

Dr. Schwanke has become half-owner of the building where he used to rent space from Dr. Conrad Zagory, a general practitioner who worked in Noe Valley for 20 years. Dr. John Pierce bought Zagory's practice and half-ownership in the building when Zagory retired last August. Pierce and his new associate, Dr. Nancy Bleeve, also a general practitioner, are hoping to attract a new generation of Noe Valley residents.

"It's like a whole new medical center here," says Schwanke. "It was nice before, but very traditional. It's exciting now because we're going to expand to give Noe Valley more of a personal and alternative flavor to medical care."

One alternative, established in 1984, is Schwanke's "well-baby" clinic, Noe Valley Pediatrics, located at the corner of Church and 25th streets. This office, which is open three half-days a week, "provides a germ-free atmosphere for doing check-ups," for well babies (under 2 years old).

Schwanke also participates in a program called CHDP (Child Health and Disability Prevention), which pays private doctors to provide routine physicals and shots for children from low-income families (including families experiencing temporary loss of income). The program defines low-income at a higher level than Medi-Cal, and no elaborate applications are required.

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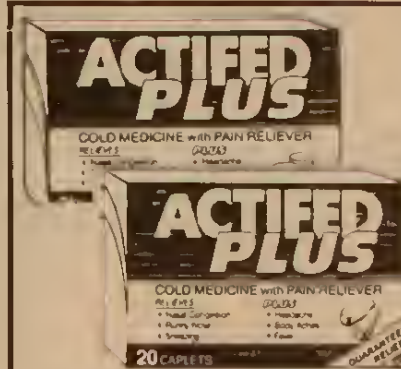


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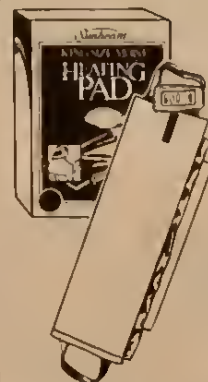


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Home-Grown Romance

Continued from Page 1

around here, he suggests, takes on a simple form, instead of depending, for example, on the bar scene. "People can swing on swings in Dolores Park and watch the views of the city," he says.

Church Street resident Terry Conrad, 33, also finds romance in the nooks and crannies of Noe Valley. She and her husband, Paul, "find wonderful places to hide, like in the little mall, where there are great benches for making out."

The Noe Valley Mall, in the block of 24th between Sanchez and Noe, seems to be a favorite hideout for many of Noe Valley's lovers. Maira Alvarez, 20, says she "used to work at Joshua Simon, and my boyfriend and I would sit in the back of the Courtyard Cafe and have lunch. When we smooched, it was always comfortable, very calm. Not like downtown, which is busy and cityish."

The general consensus is that romance in Noe Valley is hearty and homey. "There is a very friendly, neighborly atmosphere here which takes the edge off the city," says 24th Street resident Hal Pollard, 25. "Romance follows very easily."

"Romance here is very down-home, very basic. It is not a scene," says Beth Tricer, 37, of Jersey Street. "It is very romantic in the sense that you can be



Jela and Davood Mozafari, of the Courtyard Cafe, may be surprised to learn they own one of the prime romantic spots in Noe Valley. PHOTO BY LORENE WARWICK

what you want, where you want. It is basic romance without the extracurricular."

Gabe Sky, 18, also finds this easygoing atmosphere conducive to romance. "In a postcard sense, Noe Valley is not romantic," he observes, "but in a real life sense it is. I can bring a partner here and it is nice, pleasant and relaxing, but not in the cliché sense of romantic."

"Noe Valley is romantic in a non-threatening way," agrees Dominick Albano. "When you're at Bell Market, or anywhere, everyone is so friendly. It's not the same sort of cut-and-rush as at

the Market Street Safeway, or the meat market at the Marina Safeway. The atmosphere is romantic in a comfortable way, and has the feeling of a real neighborhood. I think it is romantic without trying to be."

But for a few residents, the close-knit community scene is antithetical to romance. "If I'm going to be romantic," says Ben Johnson, 26, "I don't want families around." And Erik Redse, 29, a former 24th Street resident, agrees that "Noe Valley is too settled to be romantic."

Despite those who find romance in Noe

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Valley a little too sedate, many enjoy the romantic aura that is woven into the fabric of daily life in the neighborhood. And in the final analysis, notes Leo Blum, romance is just a state of mind, anyway. "If you're in love," he says, "it doesn't make any difference where you are." □

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Dealing with Drug-Dealing In the Neighborhood

By Stephen Rosenthal

Does a thriving community of drug dealers exist in Noe Valley? "Not really," says Pat Correa, a police officer in the Narcotics Division at Mission Station.

"Drug arrests in Noe Valley are quite minimal, when compared to areas immediately bordering it, such as Bernal Heights and the Mission District."

This is not to suggest, however, that problems pertaining to drugs are non-existent within our community. Indeed, within the past few years, suspected "drug houses" on Chattanooga and Castro streets have been investigated, arrests made, and nuisance complaints filed with the city attorney's office. Dolores Park,

while not technically within the boundaries of Noe Valley, is the site of almost daily arrests involving drugs. The drug activity can, and sometimes does, spill over into the neighborhood.

Unfortunately, because of a lack of personnel, the Mission and Ingleside police districts, under whose jurisdiction Noe Valley falls, are often overwhelmed by the volume of complaints in their respective areas. And, therefore, they sometimes appear insensitive to our relatively minor problems.

Frustrated by a lack of enforcement and the slow pace of bureaucracy, residents of many Bay Area communities have decided to take an active role in cleaning up their neighborhoods. Noe

Valley can, too, and here's how:

First, it is important to realize that the police make an effort to investigate every complaint and to respond immediately to actual crimes being committed. However, they may not respond automatically to the *potential* for crime.

Officer Lois Perillo, Noe Valley's beat cop, suggests that if you suspect drug-dealing or a drug house-type operation on your street, the best way to get police assistance is to document the activity in detail before filing a complaint.

"Concentrate on specifics," she stresses. "Indicate the exact date and time of every obvious drug transaction, and record license plate numbers and descriptions of vehicles and people observed going into or hanging around the house." She invites residents to contact her at Mission Station (647-2767) or call the citywide narcotics tip line (553-1600). Anonymity is guaranteed.

Before calling the police, however, residents might seek help from the newly organized Noe Valley Safety Committee, sponsored by the residents' group Friends of Noe Valley. The Safety Committee was formed in December to act as an intermediary between local residents and the police, says committee chair John Stalp.

"The Safety Committee exists because of the realization that the police department—like any other bureaucracy in city government—needs to be pressured. For the neighborhood to get a response, we need to act together," Stalp said.

Stalp pointed out that Noe Valley residents' chief concerns were "quality of life issues—traffic and parking, somebody selling drugs out of a house, making sure the neighborhood is safe for kids, etc. . . ." Residents who'd like to participate should give Stalp a call at 824-7234 and attend one of the group's meetings at 199 Chattanooga St., held on the first Tuesday of the month.

An immediate objective of the Safety Committee, he said, is to exhort the Police Department to place additional beat officers in Noe Valley. "Perillo has

demonstrated how valuable the beat cop is. But we need two or three more beat cops," Stalp said.

Another aim of the committee is to work with the city attorney's Drug and Crack House Abatement Program (DCHAP). Created in 1989, the DCHAP is composed of representatives from various city departments (Bureau of Building Inspection, Public Health, Planning, Police and Fire), who review suspected drug houses for city code violations and cite the landlord if any are found.

"If the building is overcrowded, if things such as the water and toilet don't work, if hazardous materials are found, the building can be closed down," explained Perillo. "Many times the owner of the building is unaware of the activity taking place until a citation is issued. Once the owner realizes the potential loss involved, it usually doesn't take long before the illegal activity ceases."

Another unique tactic is for residents to collectively sue the landlord in small claims court for public nuisance and emotional distress. The first such suit was filed and won by a coalition of street neighbors in Berkeley in 1989. The drug dealing stopped overnight, within six weeks the last vestiges of the drug community disappeared, and three months later every one of the 18 residents who sued was awarded \$1,000. Since then, at least 10 other California communities have sued in small claims court under similar circumstances and won.

"What neighbors should *not* do," emphasizes Pat Correa, "is confront drug dealers or their customers. More often than not, they've got guns. A citizen's best weapons are pen, paper, and the telephone. We'll do the rest." □



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Taking the AIDS Test: A First-Person Account

By Stephen Rosenthal

There are many compelling reasons to take an AIDS test, ranging from fear of exposure to the disease, to more esoteric issues of social consciousness, to simple curiosity. But my decision to take the plunge had nothing to do with these.

A few months ago I met a woman with whom I shared an almost instant compatibility. We subsequently developed feelings for one another that went beyond casual friendship. As our relationship progressed to the point where we both knew that sexual intimacy was in the offing, my new friend asked me to take an AIDS test.

This was not the first time I had been confronted with this request. But in the past I had adamantly refused. Being a straight male, with no history of IV drug use or promiscuity, I always felt that AIDS was not an issue in my life, and considered the test unnecessary and, quite frankly, an affront to my integrity. Besides, I hate getting stuck with needles.

But this time I agreed, without hesitation or reservation, to take the test. Although my partner had tested negative within the past two years, she opted to be tested again. The test thus represented a further commitment to one another, rather than a probe into our sexual histories.

I called the San Francisco Health Department's AIDS testing telephone number (621-4858), and made an appointment at Health Center No. 1, 3850 17th St. Because the testing process is anonymous, I was asked to create a personal code made up of two letters and two numbers, which would confirm my presence to the counselor at the time of my appointment five days later.

Good fortune was not smiling upon me on the day of my appointment. A friend called at 6:30 a.m. to discuss something that could have waited, a stock I own dropped two points, and when I went for a bike ride, I had an encounter of the closest kind with someone's suddenly-opened car door. These were not good omens, and I considered rescheduling my appointment.

But good sense prevailed over superstition, and at the appointed time I entered the health center, which is much bigger than the exterior suggests. The crush of people, the hustle and bustle that I had always associated with public health facilities was not present. A few other people were waiting, three of whom, all males, were to be in my test group. No one talked, people just fidgeted in silence. The solemnity of the moment was relieved only by the appearance of Frank, our counselor.

After giving Frank our personal codes, we were led up a flight of stairs to a large classroom. After hearing a short briefing about the AIDS testing program, we viewed a 20-minute video about the disease. Despite all that I had read about AIDS, I was amazed at how much I didn't know.

After the film, Frank returned to discuss AIDS in greater detail and to answer questions. We were then given condoms, and literature about their proper use, as well as information about the testing process, and how to proceed if one tested positive. We were also asked to fill out a form requesting certain information about our health and sexual history. The form is also anonymous.

Next we returned to the testing area, where a nurse drew our blood. We then were told to return in two weeks for the results. The entire process took 45 minutes and was not an unpleasant experience. In addition, it was free.

Because of the California State Laboratory's extremely high accuracy in analyzing blood samples, it is used by all public health centers in San Francisco. Although test sites in other areas have reported problems with their labs, the state lab's record for accuracy is unblemished: no false positives or negatives have ever been reported. The price paid for this accuracy, however, is a two-week delay in obtaining test results. One can, of course, go to a local hospital or personal physician and receive results in a couple of days, but this can cost up to \$100 and, while confidential, is not anonymous.

For many people, the two-week waiting period causes great stress, especially among those whose history places them in a high-risk group. Counselors are available when necessary, and people are encouraged to talk to friends and engage in activities that ease the strain of waiting.

But I used the time to further educate myself about AIDS, and to contemplate the effects it has had upon our society. I began to read the daily articles about the disease, instead of just skimming past them. I began to notice the angry "Fight AIDS" graffiti splattered throughout the city. And I began talking to friends about taking the test, and encouraging them to do the same.

Certain statistics became more meaningful to me during my research. For instance, in 1990, AIDS-related deaths surpassed accidental deaths as the leading cause of death for California white men, ages 35 to 44. I am 41. And I learned that the perception that AIDS is mostly a gay men's problem is outdated and inaccurate; three million women worldwide are already infected with the AIDS virus, and the World Health Organization (WHO) estimates this number will double by the year 2000. The Center for Disease Control (CDC) in Atlanta confirms that women are the fastest-growing group in the U.S. to be infected with the virus, and notes that AIDS is now the fifth leading cause of death among females ages 15 to 44.

The facts on how HIV spreads among women also contradict the prevailing myth that women only contract the disease from bisexual men, blood transfusions, or IV drug use. CDC statistics show that, increasingly, women are contracting the virus via heterosexual sex with steady partners and are apparently unaware of their partners' risk-taking behavior. WHO estimates that, by the end of the decade, up to 80 percent of all HIV infections will be spread through heterosexual sex.

Unfortunately, current statistics breaking down the incidence of AIDS into various groups are not available for San Francisco at this time. All we know for

certain is that, since June 1981, 9,742 cases have been reported within the county, and 6,654 persons have died as a result of AIDS-related causes. These already grim numbers could skyrocket if AIDS becomes entrenched in the heterosexual community.

At the end of the two-week waiting period, I returned to Health Center No. 1, where I was shown to a small examining room and introduced to Kathy, another counselor. I gave her my assigned number, and she asked me, before checking the results, if I had any questions. I said, "Yes, but after you tell me the result." In the brief moment it took her to peruse the computer printout, my thoughts were a whirlwind. What if...? And then she said, "You're negative."

That moment made me contemplate my entire life—past, present, and future. AIDS is now here for all of us. Any of us may have slept with an infected individual; all it takes is one mistake. Taking an AIDS test is not about personal integrity or promiscuity or fear—or doubting someone's word. It's about respect for yourself and others. The short conversation I had with the nurse who took my blood sample still echoes in my head.

"Have you been here before?" she asked.

"No," I said.

"Well, where have you been for the past five and a half years?"

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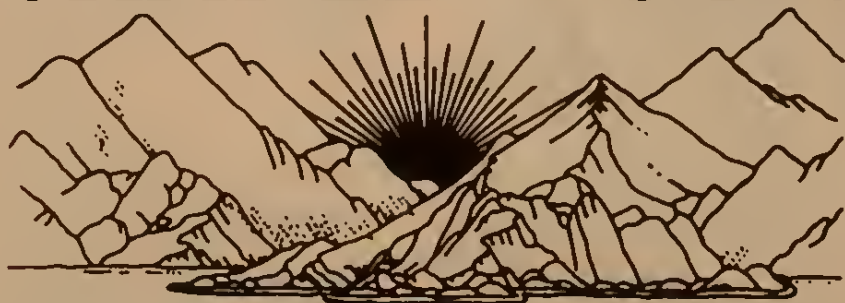
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Teaching Piano—Three Variations On a Theme

By Michele Lynn

Bach, blues, and boogie-woogie are just three of the many musical styles that can be heard echoing throughout Noe Valley these days, as children and adults alike learn to play the piano.

Who teaches these aspiring musicians? And what do the instructors have to say about the challenging task of teaching piano?

I visited recently with three neighborhood piano teachers, each of whom offers a unique approach to the fine art of piano instruction.

Once More, With Feeling

Zelda Damele Peoples' love of music is apparent the minute you walk in her door on Church Street. Sheet music fills cupboards and curio cabinets, and a parlor grand piano dominates the sunny living room overlooking Dolores Park.

Peoples hubbles over when discussing music, which has always been an integral part of her life. Her father was a professional musician who worked as an accompanist for silent films in his native Italy, before World War I. He inspired a love of music in Zelda, who was "thrilled" by the piano lessons she began at the age of 8.

"I have been teaching piano since I was 15," says the 67-year-old grandmother. "My very best girlfriend asked me to teach her to play. She paid me \$1 for three lessons." Peoples quickly discovered that in addition to loving music, she loved to teach.

"I think some people have a natural instinct to teach," she observes. "You

must be altruistic, and have the welfare of the student at heart. That comes before anything else, even the music."

She emphatically states that "everyone should study music. You not only learn an appreciation of the beauty that is music, but you learn discipline—you use your eyes, ears, fingers and feet." And, she adds with a smile, "one of the most special things a student gains from music lessons is a unique one-to-one relationship with his or her teacher. That's hard to come by today, except maybe with a psychiatrist. And it's cheaper to study music!"

Although she teaches both children

and adults, Peoples prefers adults as students because "it's more of a challenge. Adults are harder to teach, because they expect to do more in less time."

Peoples' lessons cover the basics—scales, reading music, rhythm, and playing—but her teaching method is "whatever works! My style is eclectic. I try to be sensitive to the needs of each student."

"I'm not aiming to train professional musicians," she says. "I want my students to have a pleasurable experience playing piano. I want them to fall in love with sound and music, and help make music an important part of their lives. I feel successful if someone calls me 15 years

after they stop studying with me, and tells me they are still playing piano and loving it."

For Peoples, that long-term relationship is her reward. "You become part of a child's life forever," she beams.

Noe Valley Music Man

Dennis White can sometimes be found working behind the counter at Noe Valley Music on 24th Street. And when not selling the accouterments of music, he spends a good deal of time making his own—he plays piano, guitar, violin, up-

Continued on Page 11



Piano teacher Zelda Damele Peoples has been helping people "fall in love with sound and music" for 52 years. PHOTO BY BEVERLY THARP



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Piano Teachers

Continued from Page 10

right bass, mandolin, and drums. But his main vocation, he says, is teaching piano and guitar.

Music, it seems, is in White's genes: his mother is a pianist specializing in "barrel-house boogie-woogie." White's love of music surfaced early on, and he started taking piano at the tender age of 4. Eventually he gave up his lessons (after studying for eight years), but continued to pick up new music by ear. After graduating from the University of Illinois as a music major, he took a job teaching group piano at the local high school in Champaign.

Although in the 15 years since he finished college, White has held a variety of jobs (including truck-driving and performing as a drummer for stand-up comedians), he says he enjoys teaching the most.

"Teaching allows me to earn an income while I stay involved in music. I am always learning more about music, plus there's real satisfaction in helping people do well."

According to White, most of his clients are adults, many of whom have recently bought "newfangled electronic keyboards. They want to learn how to play them." Generally, his clients prefer popular music, though some want to try their hand at classical.

Although White's area of expertise used to be classical music, he currently gravitates toward blues or gospel. "I like boogie-ish music," he says.

Like Peoples, White is more interested in fostering a love of music than in laying down laws. For example, although some musical purists insist that piano lessons are a prerequisite to learning any other instrument, he suggests voice lessons for those who don't own a piano.

"Take a sight-singing or music theory course," he says. "You possess all the instruments—your voice and your mind—needed to study. It's a great way to learn about music."

Suzuki Method of Choice

Bernal Heights resident Patty Avery has been teaching piano for 12 years. She specializes in the Suzuki method, developed by the Japanese musician Shinichi Suzuki in the late 1940s. The Suzuki philosophy says that everybody has a trained ear, as evidenced by the way we all instinctively learn to speak our native tongue. Just as children learn language by imitating their parents, so too can they learn piano.

"We acquire language before we learn how to read and write," explains Avery. "So children can learn to play music before they can read it... and so the rewards of music lessons happen sooner."

Parental involvement is important in the Suzuki method. One or both parents accompany their child to lessons for the first year or so. The parental interest "carries through to the child," Avery notes.

"I tell the parents to practice with their children what we did at the lesson. It's more important for children to practice every day than the amount of time spent practicing. Very often kids are interested in music on their own, but they require a push from their parents to practice." (Or,



Patty Avery introduces student Zoe Wickum to piano-playing the Suzuki way. PHOTOS BY BEVERLY THARP

as Zelda Peoples puts it, "If you push your children to practice, they'll blame you. And if you don't push them, they'll

blame you!")

Avery accepts students 5 and up. "Once they reach kindergarten, children are so-

cially responsive and can respond to a teacher," she says. With younger children, she works on differentiating between the black and white keys, clapping to learn rhythm, and learning simple songs.

"In the Suzuki method," she explains, "the ear is trained to a certain level before reading music is introduced. I might ask a young child, 'What can you do to find those notes? How can you make it sound nicer?'" Using the Suzuki method, children can explore the keyboard to gain familiarity with it before formal technique is introduced. After training the ear, sight-reading and a varied repertoire are introduced.

"The best thing about teaching is seeing kids overcoming humps and thinking for themselves," says Avery. Sometimes, she adds, "a child quits because the music is hard and a parent allows it. But you don't want kids to grow up giving up on everything because it doesn't work out the first time."

Avery is of the opinion that all children would benefit from music lessons. "In piano lessons, kids learn to think for themselves. Helping children grow up and learn responsibility is what music lessons are all about."

Zelda Damele Peoples, Dennis White, and Patty Avery all share a love of piano. But the primary lessons they teach are not about sharps and flats, but about developing a love of music—and enjoying yourself in the process.

The cost of piano instruction varies from teacher to teacher throughout San Francisco. For Peoples (621-7159), White (282-7567), and Avery (550-8299), a half-hour lesson ranges from \$10 to \$16. □



Dennis White not only sells keyboards and guitars at Noe Valley Music, but also teaches folks how to play them.



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Help for New Mothers

From Diapers To Dishes, Doulas Do It All

By Crystal Land

When Noe Valley resident Claire Elias gave birth to her daughter Fiona last October, she knew she would need some extra help. "I'm British, and all my family is in Britain, and my husband's family is on the East Coast, so I didn't have a lot of resources available." When she discovered that a group of women, calling themselves "doulas," offered in-home support for parents with new babies, she was immediately interested.

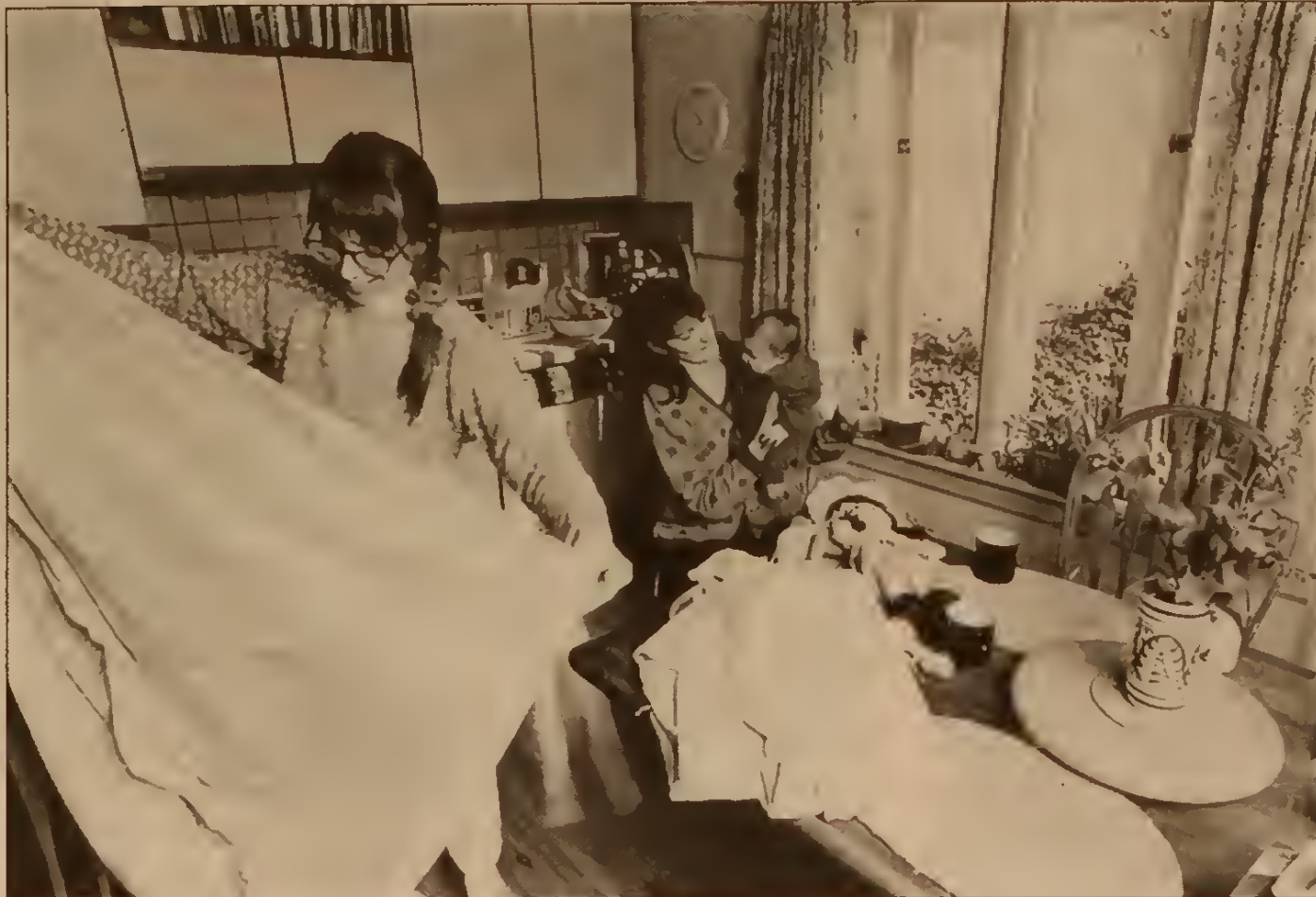
In many societies outside the U.S., the *doula* (the Greek word for "woman who serves") has always been an integral part of postpartum care. Whether mother, sister, or friend, the doula was the one who gave emotional and practical support to the new mother during the weeks immediately following birth. Nowadays, doula services—businesses based on this model—are cropping up around the country.

Three local residents, Mindy Zlotnick, Ellen Hintz, and Heidi Biegel, founded a doula service called the Fourth Trimester a year ago, after taking a class together at Natural Resources, a parenting resource center on 24th Street. With their combined backgrounds—Zlotnick is trained in infant massage, Biegel is an aspiring midwife, and Hintz is the mother of a 2½-year-old—the three women felt they were ideally suited to help ease the lives of San Francisco's busy, and often over-extended, new parents.

According to Zlotnick, "More and more families are transplants [to the Bay Area], and the family support is just not in place. Friends work, and the traditional units of support for the mother are just not there. Our goal is to recreate that tradition of an extended family. After a baby is born, there are tremendous changes in the mother's body, as well as the addition of a little baby. Our aim is to mother the mother, and make life easier for her."

Although specific services vary, the more common doula tasks, says Biegel, include helping the mother with newborn care, giving breastfeeding advice, preparing meals, performing household chores, running errands, and doing anything else that allows the mother to rest and be with her new baby.

Clients may purchase as few as three hours, but the Fourth Trimester generally recommends a 30-hour package, which consists of three hours of doula service a day for 10 days, and includes an infant



Ellen Hintz, a founder of the Fourth Trimester "doula" service, performs household chores for new mother Claire Elias (right) and infant daughter Fiona. PHOTO BY CHARLES KENNARD

massage, a packet of baby-related discount coupons, and educational materials. The current rate is \$20 an hour.

Elias and her husband, Michael, were very pleased with the support the doula service provided. "My parents encouraged it, and it seemed like the perfect thing to do," Elias says. The couple wanted to be on their own for the first few days, and to have more support when Michael returned to work, so they chose to use the service three hours a day for seven days, spread out over a two-week period.

"The wonderful thing about the Fourth Trimester is that they instinctively knew what to do," says Elias. "They did the cooking, cleaning, errands, and made sure I ate lunch every day. I wasn't prepared for how immobilized I was the first few days, so they really helped me, and I didn't feel snowed under at all."

Elias saw few drawbacks to the service, but did mention that she wished it had cost less. Nevertheless, she says, "It was nice knowing someone was there, and that I could concentrate on the baby. I don't know if I'd use it for a second baby, but I'm definitely glad I did with my first."

Most new parents, Zlotnick points out, have responded very well to the doula service. "We realize the cost can be prohibitive, and that is a tough area for us, but everyone who has used us feels that

it's exactly what they've needed. It's good to know that others feel our philosophy is important, and that there is a need for it in the community."

Since its inception, the Fourth Trimester has grown to include six doulas—the three owners, plus three additional employees. They have discovered a demand for their services all over the city and the East Bay, not just in Noe Valley. And although they prefer for prospective clients to sign up a month in advance, the proprietors of the Fourth Trimester try to accommodate the many parents who don't call for help until they are home from the hospital.

Zlotnick stresses that clients are interviewed and carefully matched with doulas before service begins, and that the Fourth Trimester makes every attempt to assign the same person to a couple for their entire contract.

Noe Valley resident Tracy DiLeo and her husband, Michael, received the full 30-hour package as a gift from her parents. As a new mother, DiLeo was unclear about what the demands of motherhood would be.

"I waited until I was desperate to con-

tact them," she recalls. "About a week after my baby was born, I finally called them to set the details. I really needed some help with breastfeeding, errands—like fetching diaper pins—and grocery shopping. As soon as they came, a calm descended over our household."

DiLeo also discovered other emotional benefits. "I found out that all my concerns were common. She [the doula] had a very calming effect, because she listened to me and related my experiences to others she had worked with."

Zlotnick and her partners are excited about the growth they have seen in postpartum care over the past year. The trio currently offers a free course titled "After Baby Comes," at Natural Resources, 4081 24th St. (The next two classes are scheduled for March 2 and May 4.)

"Parenting can be difficult, and we want to support the process in any way we can," says Zlotnick. By recreating the doula concept in San Francisco, she and her partners are doing just that.

For more information on Noe Valley's doula service, call the Fourth Trimester at 821-7068. □

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Grand View Development Up in the Air

By Catherine Lewis

Neighborhood residents are voicing their objections to construction of two apartment buildings on the hillside at 150-160 Grand View Ave. Fire safety, blocked views, and the character and size of the buildings are among their primary concerns. However, these concerns may be moot, since it appears that the developer has indefinitely stalled the project.

Late last summer, Craftsmen Construction, a Mission District general contractor, applied for a city permit to build two three-unit apartment buildings on the Grand View property, which is situated above the west end of 21st Street and now includes one vacant lot and one lot containing a small house.

According to Mike Berkowitz of the San Francisco Planning Department, the permit application was returned to Craftsmen for revisions because the proposed buildings did not comply with city code and did not fit in with the character of the surrounding neighborhood.

As of mid-January, Craftsmen had not responded. "We've heard nothing from them," Berkowitz said. He added that he considered it rather unusual for a developer to stop the permit process in midstream.

"In most instances," Berkowitz said, "they are after us to get it finished." Yet in this case, he said, Craftsmen had not submitted any revisions nor returned his telephone calls.

Harry Kunsman of Craftsmen says that revisions have been done. But so far, nothing has reached the city planner's desk.

The objections that Noe Valley resi-



Last summer the owner of this woodsy property at 150-160 Grand View Ave. announced plans to build two three-unit buildings on the site, but right now the project seems to be on hold. PHOTO BY CHARLES KENNARD

dents have raised about the buildings' original design are consistent with the city's findings. John Stalp, head of the Friends of Noe Valley Planning Committee, accepted Craftsmen's offer to take a look at the plans in August. He says the residents' group is concerned about the "character and hulk" of the proposed structures.

Stalp contends that the buildings are designed to fill as much of the lots as possible, with little consideration as to how they will appear. "When someone is building on a hillside, you need to think about what you are doing and not just put up a 'Richmond Special,'" he said.

Stalp admitted that Craftsmen had been "fairly forthright" and had held neighborhood meetings to discuss the project with nearby residents.

"They really haven't hidden anything. The main problem is that they just want to build something that is out of character because of its bulk and mass. Even at the back of the property—way up the hill—it's 20 feet high," he said.

Virginia Clark, who has lived on Grand View for the past 40 years, is afraid that the placement of one of the buildings on the property will block proper access to her home in the event of a fire. She is also concerned that the building's height will interfere with her view and incoming sunlight.

"The main problem is how they've got it [the building] positioned on the lot. It's too far back, and it's got a pointed roof that will be too high," Clark said.

Other neighborhood residents anticipate

parking problems due to an increase in the number of people on the street. A parking garage was a part of the builder's plans, however.

"We've had meetings with the neighbors and tried to explain this project with them," said Kunsman. "There is a city code about what you can and cannot build, and if we comply with that code, then there's not much they can do."

Nevertheless, Clark and several of her neighbors have asked the Planning Department for a discretionary review of the plans and the opportunity to make amendments to the permit, if appropriate. At this point, though, it appears that a review may not be necessary.

"Right now," said Stalp, "we're just waiting to see what happens." □



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Residents Seek Relief from Clipper Street Traffic Woes

By Steve Steinberg

Fed up with watching demolition derby from their front stoops, residents of Clipper Street—the east-west thoroughfare that links Noe Valley and Diamond Heights—have banded together to try to curb the number of traffic accidents on their street.

Some 26 Clipper Street neighbors met on Jan. 23 to air their grievances and formulate a plan for traffic relief. The residents hope to approach the city soon "with an open mind," but with firm resolve that a solution will be found.

The January meeting grew out of the efforts of two Clipper Street residents to poll their neighbors about safety conditions on the street. Last fall Bruce Bowser and Les Cowan distributed a questionnaire to 250 Clipper Street households between Dolores and Douglass streets. The questionnaire asked people to describe the number and type of accidents they had witnessed on Clipper during the time they had lived there.

Cowan said those who responded to the questionnaire, about 70 residents, "expressed a great deal of frustration, even anger" about Clipper Street's checkered past.

They reported an increase in the frequency of accidents in the last few years, and that assessment, says Cowan, is borne out by city records. By conducting their own investigation at City Hall, Bowser and Cowan learned that a property and/or injury accident had occurred on the average of once every three months on Clipper Street since 1969. During the past decade, the number of accidents has accelerated, with 20 accidents recorded during the first nine months of 1990 alone.

In the nine years he's lived on the street, Cowan has had two parked cars hit, causing him thousands of dollars in



As drivers descend into Noe Valley from Diamond Heights via Clipper Street, they often fail to heed the stop sign at the Douglass Street intersection, wreaking havoc on parked cars and other property along the way. PHOTO BY CHARLES KENNARD.

damage. He blamed the recent rise in accidents on an influx of cars and people into Noe Valley, which has become one of San Francisco's more desirable residential areas. He also cited a "deterioration in driving manners."

But the fact that Clipper is very narrow and steep has been the main contributor to the number of accidents, he said. Asleep-at-the-wheel drivers, feeling their way home after the bars close, and runaway trucks lurching down the hill from Diamond Heights frequently barrel into parked cars and telephone poles. Crashes also occur as residents are attempting to pull in and out of driveways and parking spaces, into the oncoming traffic.

Cowan noted that two students from James Lick Middle School, which borders Clipper Street between Noe and Castro, had been injured in traffic accidents this school year. The principal of James Lick, Mary Lou Mendoza Mason, attended the January meeting and expressed her concern for her students' safety, Cowan said.

Some neighbors who responded to the questionnaire suggested that Clipper Street be converted to a one-way corridor, or that speed bumps be installed along the upper blocks of the strip. One resident went so far as to recommend that a tunnel be drilled through the Noe

Valley hills.

Those who attended the January meeting also had some more practical ideas. Clipper Street residents could:

- Ask police for better enforcement of traffic laws on Clipper Street;
- Lobby the city for more street signs;
- Request that the city limit the size and weight of vehicles permitted on the street.

Such restrictions might mean that buses or large trucks would be prohibited on all or part of Clipper Street. However, officials of the city's Department of Traffic Engineering have stated that such a prohibition would be unlikely, since Clipper Street serves as a major east-west artery.

Traffic officials nonetheless said that if Clipper Street residents demonstrated neighborhood support for more traffic restrictions, the city would investigate and hold public meetings.

Meanwhile, the Clipper Street residents have formed a three-person steering committee to map out future strategy. Cowan said the committee planned to work with other Noe Valley organizations, such as Friends of Noe Valley, to improve traffic conditions throughout the neighborhood.

Those interested in getting on the Clipper Street bandwagon should call Les Cowan at 641-6033.

Noe Courts' Play Structure Needs a Push

By Larae Brown

It has been six months since the "Bubble," the plastic play structure that was located at Noe Courts park, was removed. And according to Gloria Koch, a gardening supervisor with the city's Recreation and Park Department, unless neighborhood residents and businesses can help out by raising funds, the children of Noe Valley may have a long wait before a new play structure can be installed.

Koch, in coordination with parents, chose a new apparatus, known as a "landscape play structure," shortly after the bubble was removed in August. (The 10-year-old Plexiglas structure was dismantled after the city received complaints that children had been injured on its jagged edges.)

The new structure consists of two decks, a tire swing and slide, as well as bubble panels, "so we can still call it Bubble Park," says Koch. The new jungle-gym is brightly colored and is especially suited for younger children, who make up the majority of those who play in the sandbox area of the park, located at the corner of 24th and Douglass streets.

Both Koch and Jim Lucy, a Rec and Park maintenance supervisor, had hoped that the new structure would be in place by now. However, they have run into difficulties locating the funds to pay for the equipment.

According to Lucy, the department has the money to fix the "nuts and bolts" of existing play equipment, but cannot get approval to use maintenance funds to replace a whole structure. Lucy noted that the budget was submitted a year in advance and that there was no way to predict when funds for a new structure would be needed.

Koch feels that the fastest way to get a replacement at Noe Courts would be for Noe Valley to take a cue from the people of North Beach, where in 1989 neighborhood residents and businesses raised thousands of dollars to renovate North Beach Playground. Koch says the price tag for Noe Courts' new play equipment is around \$6,000.

Although she and Lucy both feel that the funds will eventually come through, "it just won't be any time soon," Koch laments. The earliest would be next summer or fall, they said.

In the meantime, the children have an empty sandbox to play in, and as Lucy says, the kids are not getting any younger.

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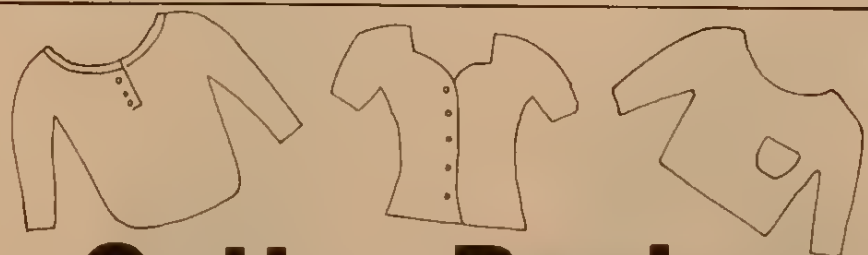
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Live Entertainment Gets a Boost from Two New Hot Spots

By Jeff Kaliss

"You remember back 10 years ago, when the Valencia Rose opened," muses Donald Montwill. "It was a very different time in San Francisco," he observes, taking a sip from a latté at the Cafe Flore.

Montwill should know. He was responsible for hooking cabaret, comedy, and other live entertainment at the Rose from 1979 to 1985, transforming the former mortuary on Valencia Street into one of the city's most popular performance spaces. And that was at a time when cabaret abounded, at spots like Fanny's on 18th Street and the Baybrick on Folsom.

Now Montwill bemoans the decline of live entertainment in the latter 1980s, particularly in the Castro and Noe Valley neighborhoods. Aside from the closing of the Rose and of Fanny's, he points to the demise of the San Francisco Repertory Company, formerly at 18th and Collingwood, and the disappearance of the jazz jams from the First Fling Lounge on 24th Street (a tradition begun under that bar's previous incarnations as Salonicas and Zorba's).

So he's doing something about it, helping to create what he refers to as "a cabaret for the '90s"—the new Josie's Cabaret and Juice Joint, at 3583 16th St. (opposite the Cafe Flore). Josie's, which opened four months ago, is now showcasing a mix of local and out-of-town performers, seven nights a week.

About the same time and a few blocks to the east, Peggy Howe and Stephanie Weisman established a performance series called the Marsh, in a large room at the rear of the Cafe Beano, 878 Valencia St. (near 19th). The Marsh hosts short and long performance pieces, workshops, and classes.

"It's shows for the recession," says Howe. "Our ticket prices are really reasonable, and the shows are great." Recent positive reviews in the *San Francisco Chronicle*, *Examiner*, and other local media bear out her pride.

Josie's has earned equal praise from audiences and critics. "We've sold out over 50 percent of our shows," beams Montwill. "I think it's something that's been denied this neighborhood for way too long."

Jumpin' at Josie's

In order to revive his show biz dream, Montwill, a drywaller and painter, had to gut and redesign the 16th Street space that once housed the Abel Pen Company. With the physical and financial assistance of former Rose colleagues Ron Lanza

and Dirk Alphin, Montwill added a mezzanine, new plumbing, and electricity. A kitchen facility is expected to open this month, serving fresh-squeezed juices, coffee, tea, and vegetarian fare.

Josie's has a special appeal to gay audiences, partly because of its location near the heart of the Castro. "If you stand out in front and look where people are coming from," says Montwill, "well, they're not driving here, they're walking and taking Muni."

Last month's weekend headliner was John Epperson's "Fabulous Lypsinka Show," described as a "drag, lip-synching tour de force." February features Funny Gay Males (a trio of stand-up comedians), Lea DeLaria in "Lesbos-A-Go-Go," and gay performance artist Frank Maya.



The Fabulous Lypsinka (a.k.a. John Epperson), featured last month, is one of the many out-of-town acts playing Josie's Cabaret and Juice Joint.



They're lining up at Josie's on 16th Street, a new cabaret that is helping to revive entertainment in the neighborhoods. PHOTOS BY TOM WACHS.

Gay comedians take over the microphone for late Saturday night shows, and there's

a gay comedy open mike every Monday.

But Josie's is by no means exclusive. "People always ask, 'Is it just a gay place?'" notes Montwill. "Well, obviously we're gay. But I say, 'No, it's a queer place.' If you look at this world and you'd like to see something different than what is, you're probably gonna feel comfortable in this space."

Among Josie's events that are not gay-identified are a series of Sunday afternoon musicales, and specific dates and ticket information for these are available from Margie Ekeberg, "the voice of Josie's," at 861-7933.

Settling in at the Marsh

Howe and Weisman had two things in common when they met: an interest in alternative theater, and ex-boyfriends who were brothers. They conceived of a series that would highlight Weisman's writing and Howe's performance art, and named it for the marshy area in Delaware where Weisman once lived. Howe's roots and dramatic training were in Kansas.

"We started the Marsh a couple of years ago at the Hotel Utah [at Fourth and Bryant streets], doing Monday nights, kind of your avant-garde cabaret," reports Howe. "Then we moved, because Monday night football got to be too much.... We went to Morty's in North Beach, which is this sleazy night club at Kearny and Broadway, but after the earthquake we lost quite a bit of our audience."

Meanwhile, friends of Howe had purchased the Valencia Street space, which formerly housed "a dingy bar." They brought Howe in to manage the cafe, and she brought Weisman in to set up the Marsh in the back room.

"I like it dark, obviously," states Howe.

Continued on Page 17

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Entertainment

Continued from Page 16

sharing one of the cafe's delicious sandwiches and a bottle of Calistoga in the demi-glow of the performance space. "You want your intimate feeling, you don't want it to feel like an art gallery. You want it kind of underground."

It's an atmosphere that appeals also to those who have appeared on the Marsh's low, jutting stage, including comedian Josh Kornbluth and satirical songster Dave Lippman. "Performers really like the atmosphere," claims Howe. "It's got these funky '50s dinette chairs, funky diner booths, funky lighting, and artwork on the walls."

"And they can make money here," she continues. "In other places, they have to rent the theater for two to five hundred bucks per weekend. Here we don't do that, because the whole point was to make it work for everybody. Stephanie and I couldn't find a place to work, so we opened it, and then we found out that everybody else needed a place to work, so we made it viable for them."

Howe and Weisman are now so busy running the Marsh that they don't have time to generate any more of their own stuff. In the beginning, "I started calling friends who do original work for the theater," says Howe. "Now people just call us. We're pretty much booked up until the middle of August."

This month's featured performer in the weekend Marsh show is Sara Felder, who "does skits that incorporate juggling," notes Howe. "She does one on the hardships of being Jewish and trying not to be Jewish, where she juggles a croissant and a hagel. It's very politically oriented, but very human at the same time."

Felder's Saturday evening show will be followed by the Midnight Marsh, a collection of short, advanced performance pieces described by Howe as "high-energy, high-intensity, for late-night neurotics." The Monday night Marsh showcases similar material, but provides "more room for experimentation."

Stephen Parr's Spoken Word Savages



After a bowl of soup in the Cafe Beano on Valencia Street, you can catch one of the Marsh's great "recession shows" in the back room. PHOTO BY TOM WACHS

poetry series on Friday nights is the only performance series not produced by Howe and Weisman. Acoustic music is provided "for the brunch crowd" on weekend afternoons.

To ensure the survival of the art form, there are performing and playwriting classes on Tuesday nights, and Saturday and Sunday mornings. Wednesday nights are reserved for classes in the movement-oriented Alexander Technique. As if that weren't enough, "We hope to start an

after-school program, where kids can come in and take acting classes," says Howe. "And we hope to get funding, so that it doesn't cost them any money." You can learn the latest about shows and schooling by calling 641-0235.

Good Neighbors

Integration into the neighborhood is important to both venues, and not just for altruistic reasons. Both Cafe Beano and Josie's would like to be able to serve beer

and wine, but need to win neighborhood approval in order to get past the bureaucratic hurdles that stand in the way of obtaining a liquor license.

"Hopefully they'll give us a license, as soon as we show them we're an asset to the community, as opposed to some divey bar that would bring in a bad element," explains Howe. She believes that conservative elements have opposed the granting of any new liquor licenses, and that this repression of business has hurt the neighborhood, rather than helped it.

Howe notes that the lack of commercial activity along that section of Valencia Street has made it easier for undesirable indigents to congregate in and around the small park mid-block between 19th and 20th streets. If the Marsh and Cafe Beano are allowed to flourish, however, "You'll have a lot of traffic going in and out of here, as opposed to empty storefronts where deals can go down, and you'll have police coming around all the time to check on us, because there's something to check on."

Montwill has already found that skeptical neighbors of Josie's, in the Castro, "have turned around and become very close friends. The fact is, we're not the source of problems that people anticipate. People have watched the amount of money and material that we've put into the space." He quotes planning commissioner Sue Bierman, who stated on behalf of Josie's, "If any neighborhood in San Francisco deserves a place where people can go and laugh, it's this neighborhood."

(Neighborhood complaints about noise were once a plague at the First Ining Lounge, at 4026 24th St., where the weekend bartender is now careful to keep the volume low. Although the Lounge abandoned its long-ago jazz jams and its more recent comedy nights as commercially unfeasible, it hooks rock and blues bands for dancing on Friday and Saturday nights.)

Montwill wants to prove that his cabaret is just what the neighborhood needs, and he doesn't expect to get rich in the process. "I think we can make the business fly, yes, but you have to get into it for other reasons," he grins. "And for us, we think that culture is something that's integral to community. It makes us all bigger." □

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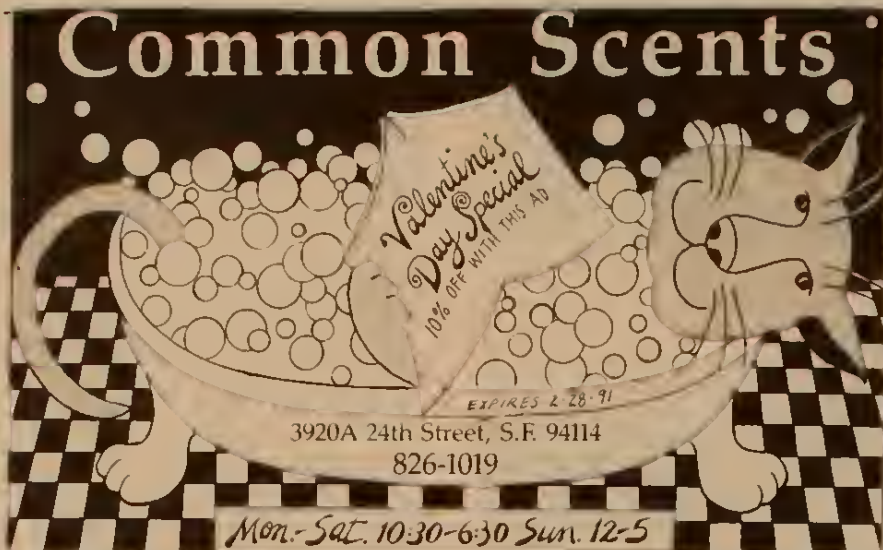
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Illustrated Reminiscences by Florence Holub

A Mother for Peace

My mother was carrying me during World War I, and I was born with a faint brown birthmark on my neck resembling the map of the United States—and I love this country. But I remember the horrors of World War II, Korea, and Vietnam, especially Vietnam. For it was then that we began to speak out in unison against war.

The first peace march began with only about 50 young people, and increased over the years to hundreds, then thousands of non-violent protesters. One year, Kezar Stadium in Golden Gate Park was completely filled to hear Coretta King, on the same day that Martin Luther King spoke to an immense gathering in Washington, D.C. When we honor his birthday, we also honor the cause he led for justice and non-violence.

I fondly remember the "Summer of Love," and all of those beautiful young "flower children," with their long hair, peace buttons, beads, colorful recycled clothing, and sandals or bare feet.

One day our middle-aged neighbor, Ted Kley, dressed in a business suit, happened upon a "love-in" at Dolores Park. He was so enchanted by it all—the dancing and the music—that he sat down on the grass and took off his shoes and socks to be a part of it. It was contagious.

My man Leo caught the bug, too. Early one Saturday, he went over to Geary Street to pick up some photography supplies, an errand that should have taken about an hour. When he hadn't arrived home by dinner time, I was about to call the police. Then he appeared, smiling from ear to ear. It so happened that as he was driving through Golden Gate Park, he noticed a large, happy gathering in a meadow, and decided to take his camera and check it out. Leo found a joyous assortment of unlikely picnickers listening to music by the Grateful Dead. He got pictures of Pigpen and some Hells Angels in a kindly mood, and discovered some old friends who invited him to share their spread of bread, cheese, and wine. A group of young people were



Florence made this drawing of her son Eric and his girlfriend Lisa in 1967, but the message is still timely.



Florence Holub's husband Leo snapped this photo after she'd corrected her peace sign for the Jan. 19 march at Dolores Park.

dancing and singing "Give Peace a Chance." Thanks to all of them and those who joined in, the long Vietnam War finally came to an end.

Twenty years later, we are at war, and the peace marches have begun again. On the morning after the bombing of Iraq, I put on my hiking boots and arrived at the Federal Building to demonstrate my apprehension, carrying my hastily-made sign depicting the peace symbol (as I remembered it) superimposed over our little blue planet Earth. I circled the building, holding my sign high, until a young protest monitor left her

post and hurried over to inform me that I had the wrong sign for peace. Instead of three lines pointing downward, I had drawn two, which is the logo for the Mercedes-Benz automobile! I remedied my mistake on the spot, and continued on.

There were 1,000 participants at that rally, chanting and singing anti-war songs. They included people of all ages and races—mothers, Quakers, federal employees, and even one "Pinolean for Peace." (It took me a while to figure that one out: Pinole is a little town north of Richmond.) Participating in this event was personally uplifting, and for me, a positive gesture for peace.

Riding home in the J-car, we passed Everett Middle School, heard the voices of children singing, and saw a heartwarming sight: a group of school children standing on the stairs holding handmade signs, with flowers and messages that said, "Peace. No War."

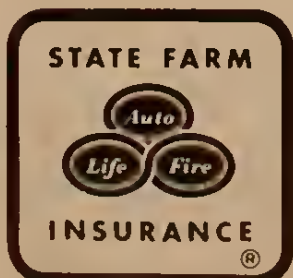
The Saturday march on Jan. 19 began at Dolores Park, with Noe Valley well-represented, wouldn't you know! The entire day was non-violent, and had a festive spirit, like an old-fashioned Fourth of July, with a happy blending of the many diverse segments that make up America the beautiful. There were 100,000 marchers in all—mothers, Gray Panthers, Asian-Americans, government employees, union workers, Latinos, Chicanos, gays, Jews, musicians, the handicapped in wheelchairs, and babies in strollers.

And there were thousands of banners and signs ("It's Not Who's Right, It's Who's Left," "What If Kuwait's Main Export Was Broccoli," etc.). There was also a bit of derisive chanting: "Send Bush, Send Quayle, Send Neil Bush When He Gets Out of Jail!" The sentiment "We Support the Troops—Bring Them Back Alive" was right on. But the most memorable sign, for me, used Gandhi's statement: "An eye for an eye makes the whole world blind."

We support our fighting men, but we cannot support our leaders' war policy. Sincere negotiation seems like a more civilized undertaking, and, in my opinion, they should let the mothers in the countries involved do it. We would all start talking about our children—their welfare and their future—and the war would be over. □

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Signs of the Times



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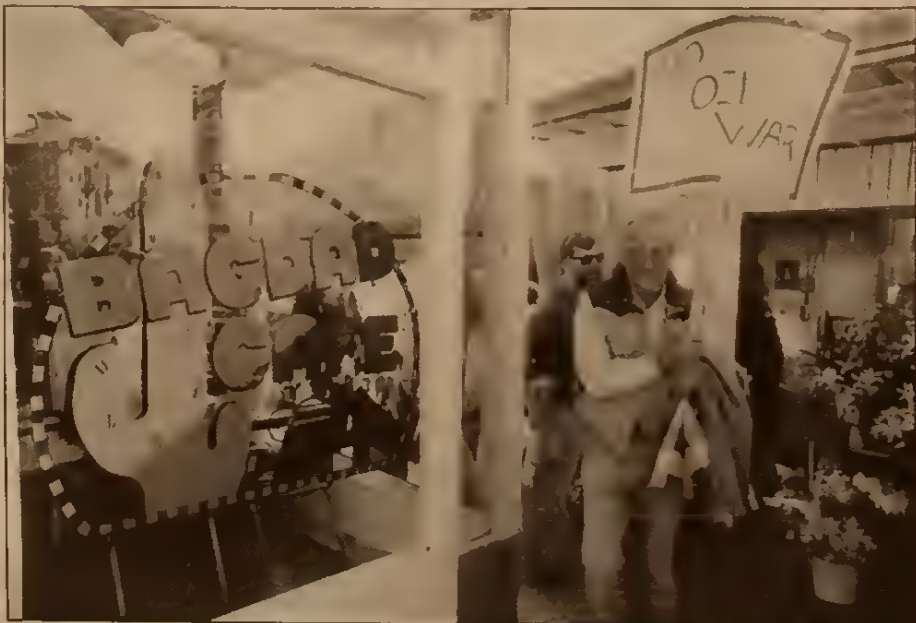


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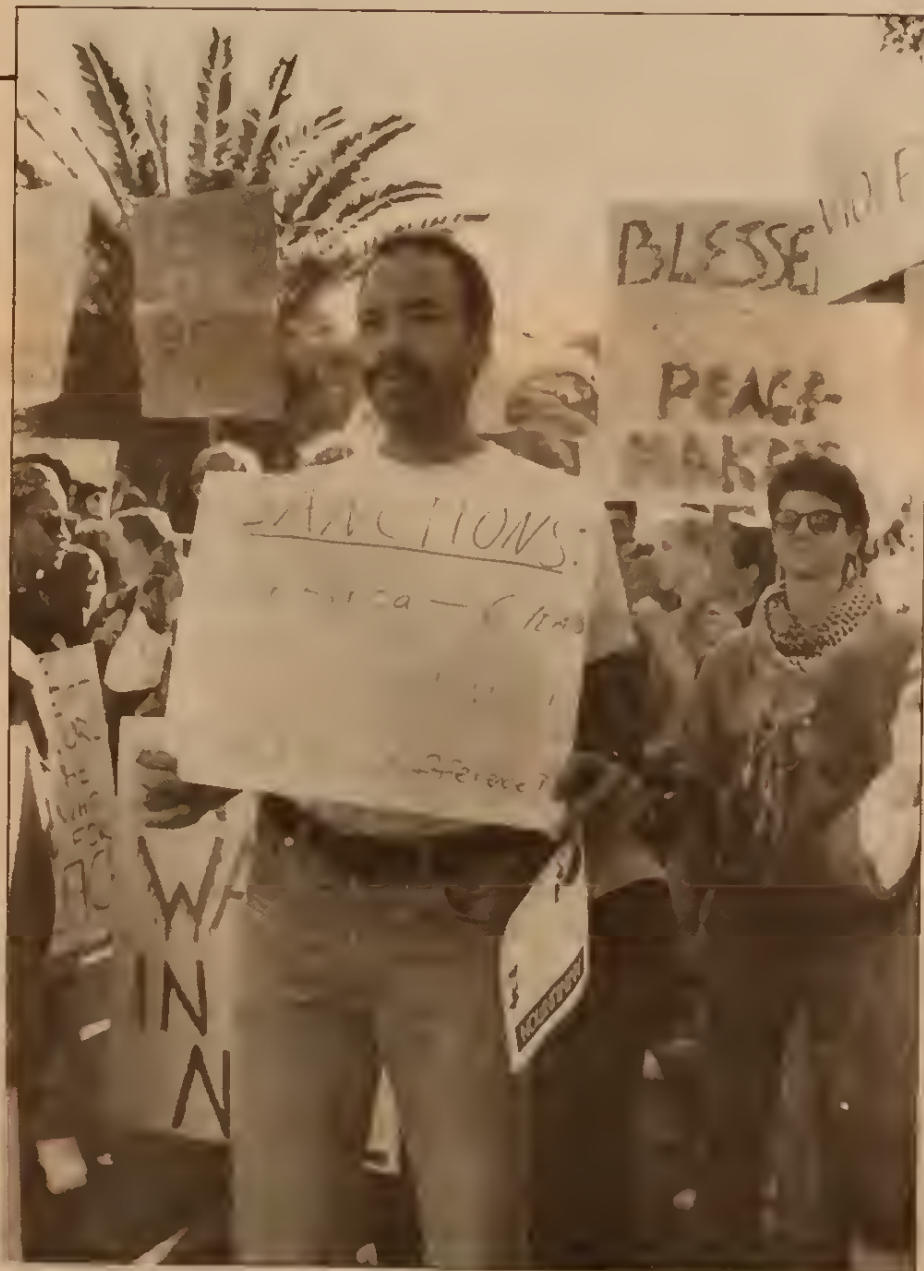


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Tens of thousands of voices were raised in protest against the Gulf War on the afternoon of Jan. 19, as a huge crowd gathered at Dolores Park, then took to the streets wearing and carrying a variety of messages. Some of the protesters' signs urged attention to domestic issues; some were heartfelt pleas for the return of loved ones serving with the troops, while still others simply supported peace vs. war.

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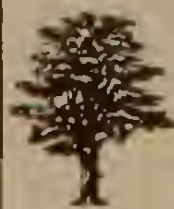
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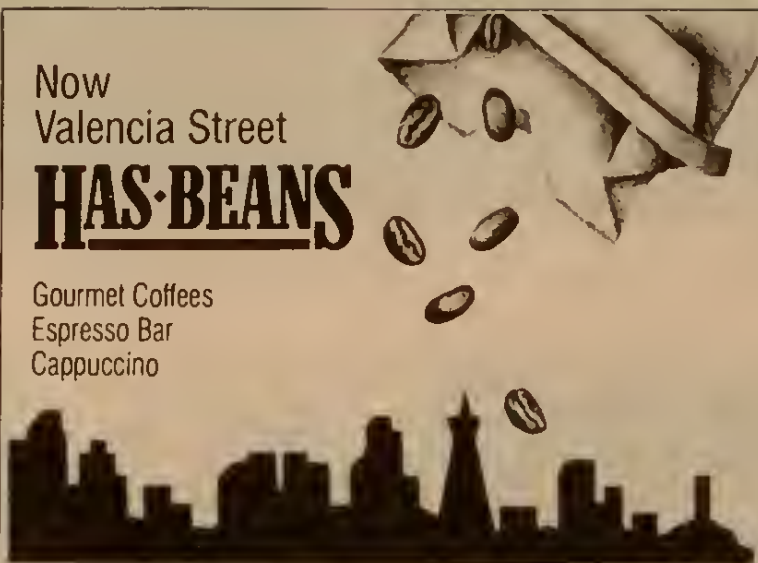
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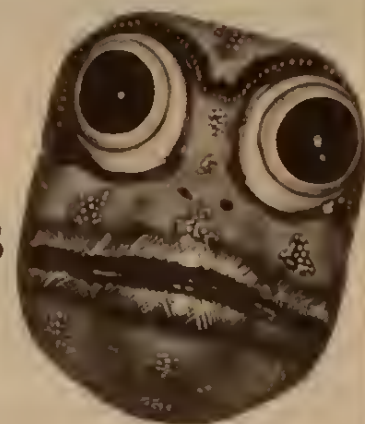
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Isabel Fehciano, Julia Marquez, and Elisa Peisson (left to right) are well on their way to completing a log-cabin quilt at the Wednesday quilting class at 30th Street Senior Center, an adjunct of Pacific Presbyterian Medical Center. PHOTO BY CHARLES KENNARO

Hoe, Hoe, Hoe

How many of you made a New Year's resolution to be kinder to the environment? With spring fast approaching, it's time to put those good intentions to work. And the Friends of Noe Valley community garden, at the top of Army Street at Noe, is in need of a few more volunteers with green thumbs.

The garden needs weeding and pruning. "We have divided the garden into seven areas," explained Rosemarie Maitland, who cares for the site on a regular basis, "and each area only involves about two hours a month—basically weeding and pulling dandelions."

Home to a number of birds and butterflies, the Noe Valley Community Garden also houses three eucalyptus trees that secure the soil at the top of the steep plot, and several varieties of drought-resistant foliage. It also boasts an incredible view of the city and bay.

Green-minded helpers can contact the Friends of Noe Valley, at 285-3532, or attend the group's garden party scheduled for Feb. 9, from 11 a.m. to 2 p.m. Cookies, tea, and coffee will be supplied, but don't forget your work gloves, pruning shears, and digging tools.

AIDS Film Benefit

Absolutely Positive, a film about people living with the HIV virus, will be screened at the Castro Theatre, 429 Cas-

SHORT TAKES

tro St., on Friday, Feb. 8, at 8 p.m., and will move to the Roxie Cinema, 3117 16th St., from Feb. 9 to 14.

Directed and narrated by Peter Adair, who himself is HIV-positive, *Absolutely Positive* is an intimate look at how 11 men and women, of all ages, races, and sexual orientations, cope with being seropositive.

The documentary's producer, Janet Cole, and editor, Veronica Selver, are long-time collaborators with Adair. They first worked together on *Word is Out*, the 1977 landmark documentary about gay Americans.

Tickets for the premiere and reception (preceding the film, at 6:30 p.m.) are \$35, or \$10 for the film alone, and are available at all San Francisco Headlines locations, the Film Arts Foundation, 346 9th St., and the U.C.S.F. AIDS Health Project, 476-6430. All proceeds benefit the Health Project, an agency providing counseling and education to people affected by AIDS and HIV.

Caregiver Training

A free "how-to" training for friends, lovers, and family members caring for people with AIDS/ARC at home, is being jointly offered by Shanti Project and Home Care Companions, Inc. this month.

The training will take place over five week-night evenings, Feb. 5 to 12, from 7 to 10 p.m. For more information, and location of the training, call Celi Adams, at 824-3269. Advance registration is required.

Parents' Support Group

A Eureka Valley resident is starting a Wednesday evening support group for parents of sexually abused children, beginning Feb. 6, from 6 to 7 p.m. Anyone needing peer support in coping with the sexual abuse of a child is welcome to attend.

The resident, who prefers to remain anonymous, decided to found the group after discovering that her own two preschool children had been sexually abused by two separate individuals—one a long-time family friend, the other a babysitter recommended by neighbors.

"Most parents go into denial when they discover their children have been sexually abused," she said. "Neither of these women [accused of child abuse] fit a profile, because there really isn't one. But the statistics say this [child abuse] happens in one out of three families."

She also pointed out that on Feb. 20, at 7:30 p.m., Officer Jere Williams, of the San Francisco Police Department's

Juvenile Bureau, will speak about child sexual abuse at the Noe Valley Nursery School, located at 1021 Sanchez St., in the Noe Valley Ministry.

For more information about the Wednesday night support group, call the Ministry at 282-2317.

Preschool Fund Drive

Noe Valley's Wind in the Willows preschool is seeking contributions for its Sylvia Doregger Memorial Scholarship Fund. The fund, established in 1979, provides tuition to low-income children for six half-day sessions per week. Although parents at the school have traditionally maintained the fund themselves, they are now in need of help from the community.

Wind in the Willows preschool has been in Noe Valley for 19 years, and most Wind in the Willows families and alumni live in the neighborhood. (Last year, following the Oct. 17 earthquake, the community responded generously to the school's efforts to raise funds for building repairs.)

Tax-deductible contributions can be sent to the Sylvia Doregger Memorial Scholarship Fund, Wind in the Willows,

Continued on Page 25

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Continued from Page 23

1444-48 Church St., San Francisco, CA 94131. (One half-day session per week costs \$45 monthly.) Checks should be made payable to Wind in the Willows.

Senior Art Classes

From now through August, 30th Street Senior Services will be hustling with art activities. Ongoing classes, for anyone 60 years of age and older, will be offered in printmaking on fabric (Mondays), fabric painting (Tuesdays), or quilting (Wednesdays).

The free classes, which meet from 10 a.m. to 1 p.m. and 1:30 to 3 p.m. each day, are led by artist-in-residence Joy-Lily. All materials are provided, and inexpensive hot lunches are available at the center, located at 225 30th St., between Church and Dolores. For further information, call 550-2210.

Salsa at Cesar's

Buena Vista Elementary School will hold its annual fundraising dance, featuring Cesar's Latin All-Stars, at Cesar's Latin Palace, 3140 Mission St., on Sunday, Feb. 24, from 8 p.m. until midnight.

For \$5, salsa lovers will receive a dance ticket, plus six raffle tickets for a variety of prizes, including first, second, and third prizes of \$250, \$150, and \$100. Single raffle tickets are also available for \$1 each, and winners need not be present to win.

To buy tickets or donate prizes, call Bob Siegel, at 626-9705, or Lita Blanc, at 285-2792.

Recession Cookbook

Local travel agent Anna Boothe (Fiesta Tours) is also a publisher (Hard Times Press), and her newest venture, "just in time for the recession," she notes, is the

SHORT TAKES

Recession Cookbook.

The cookbook is packed with "whole-some, hearty, and good-for-you menus and recipes for just \$3 a day." This figure, Boothe adds, is at the level of food stamp assistance, and thus within the budget of all.

"This is not a rice and beans starvation diet, but a fun and exciting array of meals, with complete instructions," including recipes for eggs Benedict, chicken stroganoff, tempura and sukiyaki, chicken molé, filet mignon, chili, shepherd's pie, bread pudding, wine, and eggnog.

To mail-order a copy of the *Recession Cookbook*, send \$10 (this includes handling and postage) to Hard Times Press, 660 Clipper St., No. 317, San Francisco, CA 94114. For further information call Boothe at 648-3352.

Rainbows Find Gold

Noe Valley's Singing Rainbows Youth Ensemble, whose cassette recording *All In This Together—15 Ecology Songs for the Whole Family* was released last year, got lots of holiday excitement, according to the group's director, Candy Forest.

First, says Forest, *All In This Together* was selected—out of over 1,000 entries—to receive a Gold Award from *Parents' Choice* magazine, a national review of children's media.

Then the Rainbows got a call from radio station AAHS in Minneapolis, informing them that "I'm a Reptile," a song from their cassette, had climbed to 16th place in the station's "Top 30 Hits of 1990" poll.

And finally, the group's recording of "Green Christmas," an ecology Christmas carol written by Forest and her partner, Nancy Schimmel, was heard as far

away as Juneau, Alaska.

The Singing Rainbows are scheduled to guest on Napa Valley's *Kidstalk* radio show (1440-AM) on Feb. 23. *All In This Together* is available in Noe Valley at Panetti's gift shop on 24th Street.

Energy Assistance

Pacific Presbyterian Medical Center and PG&E are teaming up to introduce a new energy assistance program to the Noe Valley, Mission, and Bernal Heights communities. PG&E community services representative Laura Perez will be available to answer consumers' questions at Pacific Presbyterian's 30th Street Senior Center, 225 30th St., on Feb. 12 and 26, from 10 a.m. to 2 p.m., and on the second and fourth Tuesdays of the month, for as long as community interest continues.

Perez will give bilingual presentations to the Spanish community, and answer any questions that consumers, particularly the elderly, may have regarding their PG&E service.

"Our goal is to increase consumer knowledge about PG&E's services, as well as energy conservation programs to senior citizens and others in the community," says Valorie Villela, director of the Senior Center.

For further information on PG&E's energy assistance program, call 550-2210, or visit the office at 225 30th St., 3rd floor, Room 313.

Measles Alert

Measles killed 47 Californians—babies, children and adults—last year. And according to the San Francisco Department of Public Health, there were two cases of

measles in Noe Valley in 1990. Health officials are dealing with the virus again this winter, and are urging everyone who hasn't already, to get their measles vaccinations.

Officials say that all children need measles shots at 15 months of age, and again when entering kindergarten—and that waiting even a few weeks past the 15-month mark puts a child's life in danger. Entering college students should also get measles boosters.

The shot is safe, cheap, and available now at District Health Center No. 1, 3850 17th St., 554-9750. For more information, call the San Francisco Department of Public Health at 554-2831.

Softball Sign-up

The San Francisco Recreation and Park Department is accepting team rosters, new players' contract documents, and entry fees for the Adult Softball League spring registration, from Feb. 11 to 16.

The league will offer the following team classifications: Masters (35 years and older); Fast Pitch "A," "B," and "C"; Women's Fast Pitch; Modified Fast Pitch; Open Slow Pitch; Women's Slow Pitch; and Co-Ed.

Games will be played Monday through Friday evenings, and Saturdays and Sundays during the day. Rosters, contracts, and fees should be taken to the softball office located in the rear of Kezar Pavilion, at Stanyan and Waller streets.

For further league information, call 753-7023.

Jane Underwood, Laura McKinstry, and Grace D'Anca contributed to this month's Short Takes.



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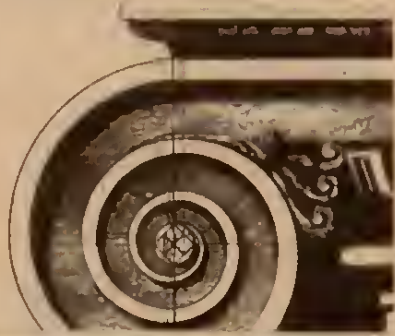


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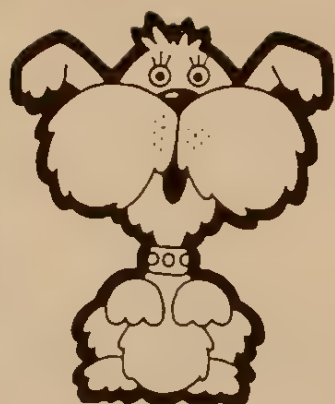
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Where's the Beet?

A Vegetarian Odyssey

By Jon Sindell

One day last fall, Sal Marino, a 15-year Noe Valley resident and a devotee of vegetarian cooking, hailed me on the "J" and began describing his yearnings for meat-free dining.

"I love vegetarian cooking," Marino said, "but there aren't any good vegetarian restaurants in the neighborhood—not since the place next to Real Food [the Acme] closed down."

I told Marino that he'd run into the right guy, a vegetarian in the midst of a search for great vegetarian dishes in Downtown Noe Valley (24th Street and environs). The quest would take me and small parties of friends to nine restaurants—but hey, I was up to it.

"I do like the vegetarian omelettes at Panos," Marino had admitted, proving that you don't have to dine in a bona fide vegetarian restaurant to enjoy a good vegetarian meal. Nor do you have to be a vegetarian, as Eric and Marian Walters, who moved to Noe Valley four months ago from the beef-eating state of Arizona, proved one recent night at Panos, the bustling Greek restaurant at 24th and Noe.

At Panos, the Walters and I feasted on one dish that pleased us and two that blew us away. The pleaser was the Athenian Pasta—fettucini topped with sautéed eggplant, tomato, garlic, and olives—created by Panos' chef Vi Gianaras, who co-owns the restaurant with husband John.

The knockouts were the Tricolor Pasta, a spinach-and-cheese ravioli that's another one of Vi's creations, and the *spanikopita*, a classic Greek dish in which spinach and feta cheese are layered with flaky filo dough and sprinkled with sesame seeds.

"It's just a traditional spanikopita," says Chet Wryly, one of Panos' skilled sauté cooks. "The recipe is from Panos' Gianaras [John's father], who's had restaurants in the city for 30 years. We use domestic cow's milk feta because it's milder and less briny than sheep's milk."

A spanikopita (one that's less cake-like than Panos') is also a specialty at the Diamond Street Restaurant, one of the oldest vegetarian-friendly restaurants in the neighborhood (on Diamond near 24th). But waiter Pat Montecalvo recommended that our Election Night dining party try the pasta with *panna et funghi*, featuring Porcini mushrooms and Alfredo sauce, or the spinach-and-walnut lasagna, which has become Diamond Street's trademark. The lasagna proved to be the evening's landslide winner.

Thankfully, Montecalvo was not the only helpful waitperson that our Noe Valley scouting parties encountered, for our *modus operandi* was to rely on their recommendations as to the best vegetarian dishes in the house.

On one recent excursion, waitress Cathy Fives at Noe Valley Pizza Restaurant (24th and Sanchez) seemed delighted to learn that one of her customers was



Jon Sindell, joined by neighborhood residents Genie Friedman and Jane Peal (right), made Swatdee, the Thai restaurant on 24th near Diamond, one of their first stops on their quest for a good vegetarian meal in Noe Valley. PHOTO BY TOM WACHS

a vegetarian. She suggested we choose the eggplant parmigiana or the *pangotti*, a pasta that owner Dino Farnas likens to "large ravioli," stuffed with low-fat ricotta cheese and served with a nutmeg-spiced walnut cream sauce. Thanks, Cathy, the dish did not disappoint.

Jane Peal, a vegetarian caterer who's also the wine buyer for Real Food Company, knows how important an informed waitperson can be. On a wintry visit to Little Italy restaurant (24th and Castro), Peal, who's been a vegetarian for 15 years, was tempted by the Swiss chard soup. But when she asked about the soup's stock, she was disappointed to learn it was made with veal.

"You really have to be sure that the vegetarian dishes you order are vegetarian dishes," Peal says, "especially soups and sauces."

The Swiss chard soup notwithstanding, Little Italy served a bounty of delicious vegetarian creations. Seldom is a mixed-green salad a special treat, but the Little Italy version is distinguished by vine-ripened tomatoes and a tangy garlic-vinaigrette dressing. The *manicotti* (cheese-filled pasta tubes) proved both a hearty dish and a visually exciting one: it was served in a cast-iron boat swamped by bubbling marinara sauce.

Peal and I were also impressed by the spicy *vegetables contadina*, grilled potatoes and mushrooms in a mélange of eye-catching green, red, and yellow peppers. "The great thing about vegetarian cooking is the challenge," says Peal, a graduate of Tante Marie's Cooking School, "like using the colors of vegetables, and knowing how to combine the subtle flavors of the herbs and other ingredients."

Thai cooking features wonderful combinations of colors and flavors, and both Swatdee and Rin's, 24th Street's two Thai restaurants, earned high praise from my dinner partners on two recent occasions.

At Swatdee (24th and Diamond), taste-

testers Marigrace Bannon and Genie Friedman gave top honors to the *veggie yum*—silvery bean-thread noodles, tofu, and straw mushrooms in a piquant sauce of chili paste and lime juice—and the *kung pak*, which combines Napa cabbage, spinach, carrots, mushrooms, and any other garden delights that owner James Swatdee has on hand, in an aromatic blend of coconut milk and red curry.

Rin's, at the corner of 24th and Douglass, proved a revelation to Castro Street resident Gale Davis, who was impressed by the crisp vegetarian spring rolls and positively wowed by the grilled mixed-vegetables and peanut sauce, a dish that, like Little Italy's *vegetables contadina*, featured a colorful array of thickly-sliced peppers, onions, potatoes, and squash.

Beauty was also in the eye of Maureen Keefe of S.F. Artspace gallery, who accompanied me to Rami's Caffè, at Church and 26th. Keefe admired the eye-appeal of the tomato and brie cheese with pasta, not to mention the Israeli salad, with its bright assortment of Mideastern treats like *falafel*, sautéed eggplant, tomatoes, and pita bread triangles, all fit to be dipped in Rami's tasty *tahini*.

Keefe is not a vegetarian, and neither is Gale Davis, who eats meat occasionally and therefore is not a "vegetarian" in either the dictionary or popular sense of the word.

Jane Peal and Bell Market checker Liz Gehhardt eat neither flesh nor fish, but do partake of dairy products, and are therefore classified as "lacto-ovo" vegetarians ("I love ice cream," Gehhardt cheerfully confesses at the checkstand). And there are the "vegans," who abstain from dairy products as well.

"Thai cooking is great for vegans," Peal notes, "because it doesn't use dairy."

But what of the notion, common among meat-eaters, that vegetarian meals are not satisfying? Last month, the hard-hitting Giants of the local over-30 base-

ball league were at Haystack Restaurant (24th near Sanchez) for their winter team meeting, and those of us brutes who had beer and the delicious vegetable lasagna left no less satisfied than those who had beer and pepperoni pizza.

So, okay, ordering a filling vegetarian meal is no problem at an Italian restaurant, but what if you're someplace where there are few vegetarian entrées on the menu?

"That's not a problem," the ubiquitous Peal explains, "because vegetarians make meals out of side dishes—a little of this, a little of that—and that's why Thai and Chinese restaurants are great for vegetarians."

Sanchez Street resident Genie Friedman and I used just this technique to build a meal at the popular Chinese restaurant Tien Fu, on 24th across from Bell Market. We sampled Tien Fu's green onion pancakes, the stir-fried mushrooms and tofu, and some sensational pan-fried string beans, coated in garlic sauce. (And the fortune cookie wasn't had either.)

At one of my stops along the tour of nine restaurants, my dinner companion—who happened to be a meat-eater—asked the question: "Jon, exactly why are you a vegetarian?"

"One of the main reasons," I told her, "is my concern for animals." I went on to explain that my conversion to vegetarianism was sparked a year ago, when a new friend reawakened an idealism I'd had as a 13-year-old kid in the 1960s. (Back then, I'd been a vegetarian for a year.) I completed the conversion after reading a no-nonsense book, Peter Burwash's *Vegetarian Primer*, in which the author lays out the ethical, ecological, economic, political, dietary, and, yes, gastronomical reasons for becoming a vegetarian.

And, as the foregoing may suggest, I haven't had a bad meal since. □

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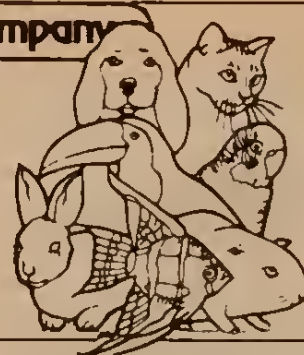
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Stephen Carrozzi (left) and Gaetano Basso have revived Noe's Grill, adjoining the bar at 24th and Church streets.

By Linda Baynham

This month's *Storetrek* covers the latest developments in fish, food, and faxing in Downtown Noe Valley.

Underwater Pets 4102 24th St. 206-1905

Underwater Pets opened last month in the storefront formerly occupied by Jim Proby Inc. at 24th and Castro. The fish shop has a white-tiled floor and light blue walls, so its interior resembles the inside of an aquarium. Underwater's owner, Michelle Barbe, designed the store to best display and sell her favorite hobby, fish.

"This has been my hobby for six years," she says. "When I first started, I had an eight-gallon aquarium. Now I have a 130-gallon tank at home."

Fish fanciers can peruse several 100-gallon tanks, including one "double-bubble" tank and one shaped like a hexagon. "There are four separate pumps so that the fish will be better protected from disease," notes Barbe, adding, "We sell quality fish here, in perfect condition. The fish range in type from Damsels to exotic Angels from the Red Sea. There are reef tanks and different kinds of corals and anemones." Fresh-water fish are on display in a mezzanine at the back of the shop.

Aquatic merchandise is also available

STORETREK

at Underwater Pets. "We have tanks of all different sizes and shapes, food, chemicals, and accessories. Also, we offer services, like setting up aquariums in homes and restaurants, and monthly maintenance of those tanks."

Patrons may shop between the hours of 11 a.m. and 7 p.m., Tuesday through Friday, and on Saturday and Sunday, from 10 a.m. to 6 p.m.

Noe's Grill 1199 Church St. 695-2949

Noe's Grill, the restaurant at the Muni stop on the corner of 24th and Church, is under new ownership. Partners Stephen Carrozzi and Gaetano Basso took over the grill on Dec. 10, and re-opened its doors Dec. 17.

Noe's revised menu features "a little bit of everything—lots of seafood, sautés, and pastas," says Carrozzi. A specialty of the house, he notes, is cioppino, an Italian-style stew "made with crab, clams, mussels, and prawns, served over pasta."

Carrozzi is the founder of Carrozzi's Drive-Ins, and also worked at Noe's under past owners. His partner Basso's culinary expertise, he says, "comes from working at Joe's in San Rafael, where he was a master sauté chef."

Noe's Grill is open Monday through Thursday, from 11 a.m. to 11 p.m. It stays open until midnight on Fridays and Saturdays, until 10 p.m. on Sundays, and opens at 9 a.m. on weekend mornings.

Mail Boxes, Etc. 4104 24th St. 824-1070

Mail Boxes, Etc., a new one-stop business center, set up shop this month next door to Underwater Pets, on 24th above Castro Street.

"We offer private mailboxes, faxing, and copying," says co-owner Kenneth Tom. "Our primary business is probably going to be U.P.S. shipping. We also will be offering business cards, stationery, and miscellaneous things—making keys, laminating, passport photos. What we're doing is providing as much service to the general public as possible."

Tom, a former financial analyst, and his partner John Lee, who used to be a postman, chose Noe Valley, says Tom, "because this neighborhood needs a place for packing and shipping, especially during Christmas." Mail Boxes, Etc. will offer next-day air shipping as well as U.P.S.

Hours at the new mailing outpost are 10 a.m. to 6 p.m., Monday through Friday, and 10 a.m. to 2 p.m. on Saturday.



At the Sidetrack Cafe on Church Street, Margaret Clarke (standing) serves up breakfasts redolent of her native England, as well as European brunches and American lunches. PHOTOS BY CHARLES KENNARD

Sidetrack Cafe 1793 Church St. 648-4008

The new Sidetrack Cafe, located on Church Street between 29th and 30th, is a place to "come in, bring your paper, and hang out," says co-owner and cook Sally Steinborn. The cafe, which opened in November, is currently catering to morning crowds. The idea, Steinhorn adds, is "to start your morning off a little slower—you don't have to eat and run."

Sidetrack offers homemade muffins and its own special blend of Sidetrack Cafe coffee, plus a full array of coffee drinks. Weekend brunch is European, with crêpes Florentine and omelettes. Lunch fare features sandwiches and hamburgers, almost all priced under \$5. And co-owner Margaret Clarke, who hails from England, has also added a few of her native foods to the menu, such as "hangers and mash" (English sausages, baked beans, and mashed potatoes) and "bubble and squeak" (fried leftover vegetables and mashed potatoes).

The cafe is open Monday through Friday, from 6:30 a.m. to 4 p.m., and from 8 a.m. to 4 p.m. on weekends, when brunch is served. Steinborn and Clarke plan to extend these hours, come spring, in order to offer a dinner menu of roast beef and Yorkshire pudding, as well as desserts, beer and wine. □

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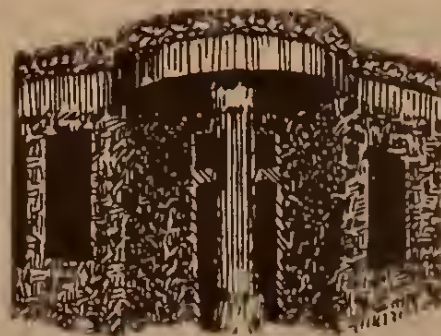
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Photo by Charles Kennard



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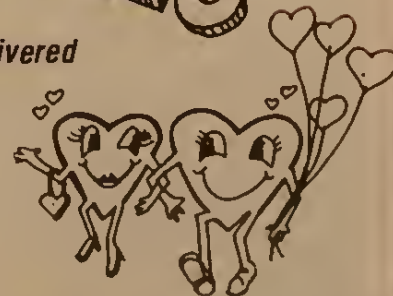
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and now for the RUMORS behind the news

Noewhere to Run, Noewhere to Hide

By Mazook

WARTIME NOE VALLEY: When war broke out the afternoon of Jan. 16, the streets of Noe Valley were suddenly deserted. It seemed as if everybody either went indoors to watch live combat on TV and eat pizza, or outdoors to march down Market Street, yell "No Blood for Oil!"—and then go eat pizza.

On the music front, people were singing variations of the "Feel Like We're Fixin' to Die Rag" by Country Joe and the Fish, or the just-released "Desert Storm's on Down" by the Brothers of Different Mothers.

Muni buses wheezed their way up 24th Street wearing a fresh coat of graffitied anti-war slogans, and a new salvo of spraycan art hit Noe Valley walls. My favorite (forgive me, Fred Methner) was the neatly-stenciled tag, "A mother and a son for peace."

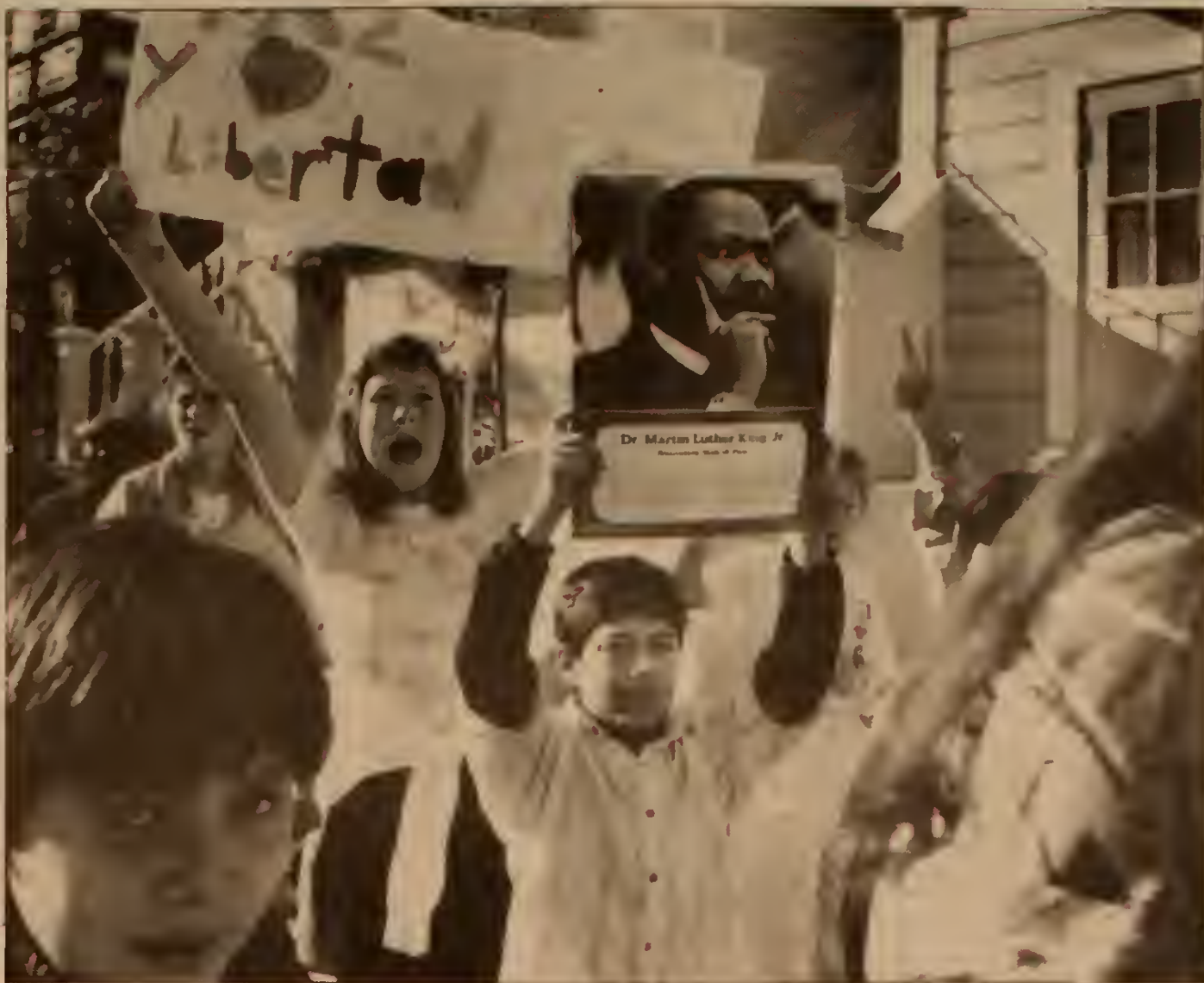
On Saturday the 19th, peace marchers from all over the Bay Area parked their vehicles on our slopes and walked over the hill to congregate in Dolores Park. By dusk everyone had returned, and 24th Street was filled with gawkers, walkers, and talkers, speaking sadly of Saddam.

Peace signs appeared in many valley windows—as a counterpoint to the American flags flying from door frames. And a house on Sanchez posted the notice, "Send Quayle First."

No sooner had the One Stop Party Shop on Church Street displayed a "No Blood for Oil" t-shirt in its window than the store started getting crank calls (reportedly over 25). On Sunday the 20th—that infamous day when Joe Montana went down so hard he woke up as Joe South Dakota—a man, obviously not a football fan, phoned the store to warn that unless One Stop removed the t-shirt, "we will burn your store down."

According to One Stop's manager, who asked to be nameless, "The same American-speaking man phoned back again about 10 minutes later and said that 'if our demands are not met, we will blow up the whole building.'" The police were called, the shirt was pulled from the window, and when I last looked, the building was still standing.

That t-shirt, by the way, was designed by local graphic artist Steven Lyons and produced and distributed by Noe Valley's own Global Exchange, on 24th near Sanchez. Says Global's store manager, Laura Flynn, "We have literally sold thousands of the shirts since they



Buena Vista Elementary School kids took a "peace walk" through the neighborhood last month, in celebration of Martin Luther King's birthday. Since their trek coincided with the second day of the Persian Gulf War, the children provoked strong emotions along the way.

PHOTO BY DEB WHALEN

came out in December, and now we are going national because of the requests we're receiving from all over the country."

☎ ☎ ☎

NEIGHBORS WERE STIRRED when they saw a long line of children from Buena Vista Elementary School marching down Sanchez Street from 30th on Thursday morning, Jan. 17. Over 300 kids and 70 parents from the bilingual school waved homemade banners and sang songs of "Paz," as they paraded along Sanchez to 24th and down the commercial strip.

People along the route of the procession assumed it was an anti-war protest, and some even telephoned the school to complain that the San Francisco Unified School District ought not to engage students in such endeavors.

But according to Buena Vista principal Linda Luevano, the march had nothing (particularly) to do with the Persian Gulf. The long-planned event was a "school-wide neighborhood field trip and peace walk, and a culminating activity for our

peace study units and our studies relating to Martin Luther King Jr.," she said. "Actually, the fact that the war broke out the day before our march kind of surprised us, and was quite a coincidence."

The tribute to Martin Luther King, whose birthday was celebrated the following Monday (a school holiday), came off without a hitch and was considered a major success, Luevano said, noting that she also received many calls of support.

☎ ☎ ☎

CROWD CONTROL has been the first crisis confronting newly elected San Francisco supervisor Roberta Achtenberg, who was sworn in Jan. 8, 1991.

Achtenberg, a resident of Noe Valley for over 20 years, says that ever since war engulfed us, she and her fellow supes have been fielding hundreds of calls a day regarding the demonstrations. "We've been trying to coordinate various leaders from several anti-war groups with the Police Department, the California Highway Patrol, and the federal police, all the while trying to make sure that people are encouraged to express their support or

opposition to the war and do it without violence."

Whatever happens, says Achtenberg, "the economic fallout from this war is going to hit the city hard." She points out that "there will be less money from the state and federal government now, which will have a significant negative impact next year at budget time, and we will have to make some impossible decisions."

"We are in for hard times, and I think all of us in the neighborhoods have to stick together because we are going to be called upon to do a lot on our own," she adds.

"I feel a special kinship with the neighborhoods, especially Noe Valley, and want to hear people's concerns and make sure Noe Valley gets its fair share of city services, which are going to be at a premium."

Achtenberg's telephone number at City Hall is 554-5556.

☎ ☎ ☎

FLOWER WARS: Many of you might remember that Ryan Quinlan opened a

Continued on Page 33



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RUMORS

Continued from Page 31

flower stand called the French Tulip 2½ years ago in the stairwell next to the Courtyard Cafe. You also might recall that Ryan moved his concession out of the cold and into the front of the Courtyard's deli last summer—a great improvement for both, it seemed.

Well, when Ryan learned that the nearby storefront formerly occupied by Designers' Club Too was up for grabs, he packed up his business and relocated. His French Tulip flower shop opened at 3903 24th St. in early December.

Upon seeing the French Tulip move two doors down, the Courtyard Cafe immediately started selling its own blooms, apparently angering some merchants and causing confusion among many flower patrons.

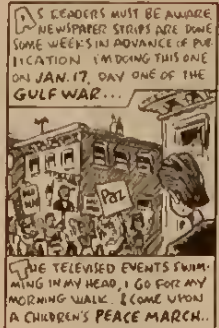
In her defense, the Courtyard's Reza Khajenouri says, "We have been here for 11 years now and sold flowers here before Ryan rented the front area."

Ryan says he was quite surprised when the Courtyard decided to continue selling flowers in competition with him, and he regrets the mix-up it has caused. "I have had several of my customers pick out some flowers at the Courtyard and come down here to pay me," he says, "and I have to then explain that they have to go pay for those flowers up there and that I have moved here."

But Ryan smiles, "That's okay, everything will work out. You never know, maybe I will start selling turkey sandwiches."

Also on the move but with no apparent competition is Everett's Shades, the drapery shop that's been at 4018 24th St. for 16 years. Owner Valerie Everett reports that she will be moving into the 24th Street space formerly filled by Abundance (across from Dan's Gas). "It's time to clean the shop up and organize since our space is quite a bit smaller, but we are real happy that we could stay in Noe Valley." It's okay to tidy up your new digs, Valerie, but try to keep that unpretentious window display: the huge mound of fabric sample books. Down-

ZIPPY



"IS IT OVER YET?"



Bill Griffith



Syndicated cartoonist Bill Griffith devoted one of his Zippy strips to the Buena Vista School peace march that took place in Noe Valley Jan. 17. (See photo, previous page.)

town Noe Valley wouldn't be the same without it.

After six years in the basement below Aquarius Records, Xela Imports has finally landed a ground-floor shop to expand into: the space just abandoned by Video Uno. Says Xela's Seth Hennings, "We are going to keep the downstairs store stocked with clothing, and make the new one a gallery of ethnic handicrafts and lots of jewelry."

☎☎☎

SAY SO LONG to Brent Tauber, man-

ager of the Noe Valley branch of Coast Savings for the past decade. Brent's last day was Jan. 31, and he is now presiding over the bank's Polk Street branch. His replacement on 24th Street will be Martha Sainz, former assistant manager at Coast's 25th and Mission branch.

"I was real sorry to leave 24th Street," explains Brent, "but this transfer presented an opportunity for promotion." Brent says he is proud of the fact that he helped raise deposits at the 24th Street

branch from a mere \$6 million when he arrived to over \$36 million today.

How have things changed around here during the last 10 years? "Well, from my corner," Brent points out, "we saw a lot of small family businesses leave. They were replaced by bigger businesses and chain stores because the neighborhood has priced itself out of the small-business market in terms of rents and real estate prices."

Also gone is the very popular and highly visible Mission police captain Michael Hebel, who was reassigned in the departmental shuffle when Willis Casey was appointed chief. Hebel is now the captain in charge of C-POP, the successful community police officer (beat cop) program he helped pioneer at Mission Station.

Mission's new commanding officer is Capt. John Newlin, former head of the narcotics unit at the Hall of Justice and a member of the SFPD since 1970.

Newlin lives in the Sunset District, but says, "Mission Station was my first and only choice when the chief met with all the captains to discuss reassignment. This is the busiest station in the city, it has a great diversity of people, possesses many community groups which are active, and has a great group of officers stationed here." An avid bike rider, Newlin said the first thing he did on the job was request more bicycles for beat patrols.

According to Newlin, there's been a decrease in the city's drug problem. "It is not as severe as it was, and now our biggest drug problem is alcohol." But unfortunately, he adds, there's been an increase in the number of robberies, assaults, and auto boosts.

Newlin says he's made a two-year commitment to this assignment and that he wants to meet and work with community groups about any existing problems or those that may arise in the future.

☎☎☎

BEFORE I'M OUTA HERE, I think we should all recall the words of Martin Luther King, who, upon accepting the Nobel Peace Prize in 1964, observed, "Nonviolence is a powerful and just weapon... which cuts without wounding and ennobles the man who wields it. It is a sword that heals."

Ciao for now.



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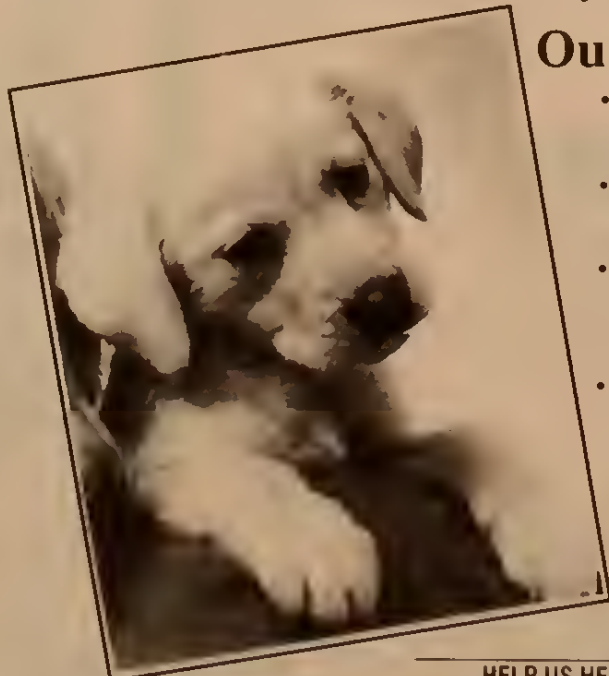
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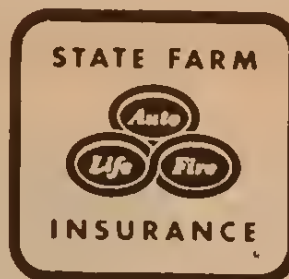
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MORE MOUTHS to feed

By Jane Underwood

Andrew James Curtright

The most unique thing about her new son Andrew, says his mother, Margit Curtright, is that "he's big! He grows. Everyone else crawls and rolls over. He just grows and grows."

"His hands and feet seem so, well, big," adds his dad, Jim Curtright.

Andrew has been having an uninterrupted growth spurt, it seems, ever since his birth on June 6, 1990, at 1:29 p.m. He checked into Kaiser Hospital at 9 pounds, 1 ounce, and seven months later he's a hefty 20 pounds. ("He'll gobble down anything except garlic croutons," says Margit. "Food makes him almost as excited as Mommy and Daddy.")

Fortunately, he's growing teeth early, too. And when he isn't testy from teething, "Andrew likes to laugh—a real belly laugh," says Margit, 33. He also loves, she notes, "to scoot around the house in his little walker."

"We have to keep an eye on him every minute," says Jim, 33, with awe. "The other day I was trying to watch some football, and he went into the kitchen in that walker. First he started pulling out all the pots and pans, then he had his



Margit and Jim Curtright with baby Andrew. PHOTO BY TOM WACHS.

hand in the garbage, and the next thing I knew, he was chewing away on a newspaper.

"I wasn't counting on how tired a baby makes you. I was overwhelmed, at first. But now I don't mind at all. I'm more

attuned to his little noises in the middle of the night than Margit is."

During the day, however, Jim heads off to his job as a senior surveillance analyst at the Pacific Stock Exchange, and Margit, a former Federal Emergency

Management Agency employee, devotes herself to full-time mothering.

"I wasn't as afraid of motherhood as some," she says. "My parents always took in foster children, so I knew how to change diapers and feed a baby. Of course, I didn't know about breastfeeding!"

"Andrew makes me slow down—he makes everything look a little fresher, and he makes us more of a family. . . . I think we were getting bored with ourselves."

Andrew has definitely added a new twist to Jim and Margit's relationship. The couple, by the way, have lived in Noe Valley for 10 years, the last five of those on 28th Street. They met 11 years ago at a New Year's party where, Margit recalls, "I lost my cigarette lighter, but found a husband." Their new son has even inspired them to consider having another baby—maybe two.

"You just have to be ready for anything," says Jim, of the adventure of parenting. "When you're raising a child, there's no owner's manual—you're pretty much on your own. But it's worth it." □

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THE WHO, WHAT & WHERE OF NEIGHBORHOOD GROUPS

Friends of Noe Valley

Contact: Bill Kuhns
Answering machine number: 285-3532
Mailing Address: 1178 Dolores St.,
San Francisco, CA 94110
Meetings: Second Thursday of month, Noe
Valley Library, 451 Jersey St., 7:30 p.m.

Upper Noe Neighbors

Contact: Janice Gendreau, 641-5989
Mailing Address: 403 28th St.,
San Francisco, CA 94131
Meetings: Every other month, Upper Noe
Recreation Center, Day and Sanchez streets,
7:30 p.m. Call for specifics

The Noe Valley Merchants and Professional Association

Contact: Sally McMullen, 550-7730
Mailing Address: P.O. Box 146003,
San Francisco, CA 94114
Meetings: Last Wednesday of month, Bank
of America, 24th and Castro, 9 a.m.



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Fair Oaks Neighbors

Contact: Kevin Brickley, 285-4938
Mailing Address: 165 Fair Oaks St.,
San Francisco, CA 94110
Meetings: Twice a year at ICA Auditorium,
24th and Guerrero streets

Duncan-Newburg Association

Contact: Evelyn Martin, 826-6734, or
Janet Kennedy, 647-1844
Mailing Address: 41 Newburg St.,
San Francisco, CA 94131
Meetings: Irregular

Diamond Heights Community Association

Contact: Robert Dockendorff, 826-3867
Mailing Address: P.O. Box 31529,
San Francisco, CA 94131
Meetings: First Thursday of the month
7:30 p.m. Call for location.

Glen Park Association

Mailing Address: Glen Park Association,
P.O. Box 31292, San Francisco, CA 94131
Meetings: Second Tuesday of month, Glen
Park Recreation Center, Elk and Cheney,
7:30 p.m.

Dolores Heights Improvement Club

Contact: Boh Killian, 285-7175, or
Rick Laubsher, 821-9662
Mailing Address: 3640 22nd St.,
San Francisco, CA 94114
Meetings: Irregular

Liberty-Hill Neighborhood Association

Contact: John Barbey, 695-0990, or
Hilda Bernstein, 282-8232
Mailing Address: 3333 21st St.,
San Francisco, CA 94110
Meetings: Every other month.
Call for time and location.

Fairmount Neighborhood Association

Contact: Al Ujcic, 648-3545, or
Susan Nutter, 285-8484
Mailing Address: 235 Randall St.,
San Francisco, CA 94131
Meetings: Held periodically at Upper Noe
Recreation Center, Day and Sanchez, 7 p.m.

East & West of Castro Street Improvement Club

Contact: Paul Kantus, 647-3753
Mailing Address: Secretary Fred Methner,
327 Jersey St., San Francisco, CA 94114
Meetings: First Wednesday of month, Room
108, James Lick School, 1220 Noe St., 8 p.m.

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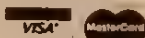
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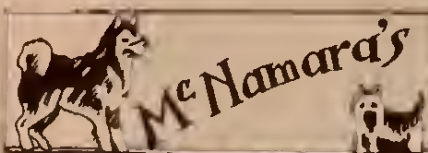
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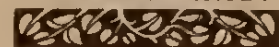
By Henry Sanz

You spit on our shadows.
You curse us with a vengeance.
We are the hated thing, an *it*.
You teach children to distrust us. We are an object
Walking down the street.
A pest to many.
We drink dirty water, oil and sludge. It is left for us;
It is our dirty water. The gutter, our home.
You trap us. You set poison for us. Our nest is fenced up.
Where our young have lived, wire screen suffocates.
Our bodies lie dead on the sidewalk.
No one comes to mourn. No one misses us.
A dead thing to laugh at. An amusement.
The old woman brings us comfort and a kind word.
All about us there are campaigns to save the environment
Taken without consulting us, cemented without consulting us.
We live here too.
We bear the name of the despised: rat, trash, thing . . .
Junk to be disposed of.
We share a sidewalk. Our many numbers have come and gone.
None of our kind condemn you.
We are nature to some. Iridescent colored doves.
Yes, we are the wild dove. When there are no trees and some
Well-meaning soul has ripped up the weeds and grass,
When the street is empty, dead concrete,
I am here to remind you: Here is nature. You have nature.
I am here to greet you in the morning.
Yes, when you are sipping your coffee on that bench, I am there
To see you.
I have a purpose.

Henry Sanz has lived in Noe Valley for 34 years.

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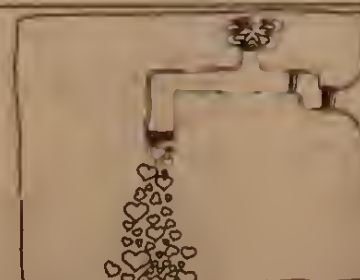
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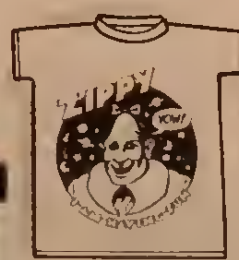
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"TAX AND RECORDKEEPING INFORMATION for Self-Employed People:" a live-hour seminar covering the basics. Saturday, Feb. 9, 10 to 4. \$60. Instructor is Jan Zobel, E.A., a tax practitioner who specializes in working with self-employed people. For more information or to register, call 821-1015.

HOUSING NEEDED. Foreign students at U.C. Berkeley Extension/SF need shared housing with Americans. Call U.C. Extension English Language Program, 552-3016.

DYKES IN MENOPAUSE: "Don't sweat it." Small, spiritually based support group forming on Tuesday evenings. Starts Jan. 8, 1991, 7 to 8:30 or 9 p.m. Call Kathy, 255-8104. \$10.

NOE VALLEY GRANDCHILDREN seek home for visiting grandparents, four to eight weeks, late March-early May. Sublet or housesit or exchange for their Cambridge, Mass., or rural Vermont home. Call Helen, 821-9029, or Harris, 285-3124, with leads.

DAY CARE full/part-time. Mature mother with toddler will provide home-like, fun environment. Private yard. Ellen, 826-9031.

CHILDCARE NEEDED for 1-year-old boy, two to three days per week. Share care in your Noe Valley home. Call Lisa, 648-0817 or 285-1591.

PUT SOME THRILL in your evening meal. I will deliver gourmet vegetarian meals to your doorstep. I specialize in various ethnic cuisines, and use only the freshest natural ingredients. My meals are low in fat, cholesterol, and salt. Call now for the February menu. Gift certificates available for that special Valentine. Jane, 826-2133.

PSYCHIC COUNSELING, individual clairvoyant reading, and ongoing counseling. Call Roger Rexer (14 years' experience), 584 Valley St., 824-6882.

BED AND BREAKFAST Glen Park: private suite includes kitchen and bath, near BART. 469-8437.

MATCHED VICTORIAN SIDEBORD and buffet, walnut, \$700 and \$500; farmhouse bed, queen, mahogany, \$800. Valerie, 923-7653.

ROOM FOR RENT? Responsible artist looking for a studio/room to paint in. Need windows, privacy. Call Ann, 285-6717.

THE TRAVELING MECHANIC. Tune-ups, brakes, general repairs, foreign and domestic. 17 years' extensive experience, all work guaranteed. \$40 an hour, house calls. Giorgio, 864-5747. Licensed and certified.

PIANIST SEEKING PIANIST Retired classical pianist who enjoys keeping up skills by playing duet/four-hand on a casual basis for the fun of it. Lives on Elizabeth Street near Noe. 826-2044.

GENERAL BUILDING CONTRACTOR. Complete remodeling, general carpentry, painting, electrical, plumbing, renovations, and repairs from foundations to roof. Shear walls, foundation bolting, bracing, and termite repairs. Fifteen years' experience in San Francisco. License #402133. Telephone, 282-8811 or 647-4317.

MAPS OF CHOICE IN CANCER THERAPY: A talk by Michael Lerner, Ph.D. Dr. Lerner will describe how informed cancer patients seek to integrate the best of mainstream medicine with the best of complimentary approaches to cancer. The benefits of yoga will be reviewed in this broader context. Dr. Lerner is the founder of the Commionweal Cancer Help Program, and was awarded a MacArthur Prize Fellowship for his work in health in 1983. Friday, Feb. 15, 7:30 to 9 p.m., \$5. Integral Yoga Institute, 770 Dolores St., SF 94110. 821-1117.

INDOOR GARDENER/CAT CARE: available for plant-sitting, consultations, design, maintenance, natural pest control, experienced and sensitive cat-sitting. Noe Valley resident with references. Jill Rebecca Bloom, 695-7930.

BEAUTY SALON FOR SALE, Church Street. Please call 282-0304.

PART-TIME OFFICE ASSISTANT WANTED: I am a sales representative in the gift industry with an office in Noe Valley, looking for someone with clerical and customer service skills and experience. Duties include: data entry, handling customer orders and phone inquiries, filing, and typing. Hours are flexible, averaging 16 hours per week, varying with the season (can be as much as 20 hours per week, as little as six). Pay \$8.50 plus per hour, based on qualifications. Send resume to: Joan Conway & Associates, P.O. Box 460613, SF, CA 94146-0613.

LICENSED CONTRACTOR available for residential and commercial, new building or remodeling. Interior staircases a specialty. Home and property owner. See my work first. License #546283. Call Fred, 337-9324.

GINGER? I'll pay top dollar for your ginger recipes, medicinal cures, legends—any information concerning ginger. Tommy Thompson, 824-3270.

HOUSECLEANING, five years' experience. References. Call Sarah, 695-0956.

PLANNING A VACATION? I am an experienced house-sitter, an elementary school teacher, and a six-year Noe Valley resident. If you are interested in having me take care of your house while you are out of town, please call 469-2099 for scheduling (February to August 1991) and house-sitting references.

HARMONICA LESSONS. Taught right here in your neighborhood by a pro. Blues, rock, country, all styles. Beginners welcome. Advanced players welcome too. Sliding scale. 648-7858.

ASTON PATTERNING™ in Noe Valley! Simply the most comprehensive, refined approach to bodily stress anywhere. Incorporates massage, relevant movement education, deep tissue work, and exercise according to client's particular needs and interests. Judy Orloff, 282-8983.

ROCKY MOUNTAIN Participation Nursery School promotes family enrichment through parent education in a secure, gentle, and stimulating environment. We are surrounded by pine trees in Piexotto Park, near 15th and Beaver streets. Activities include music, painting, gardening, dance, clay, stories, sewing, and much more. Please call 552-2929, or Karen at 386-6026.

PSYCHOTHERAPY IN NOE VALLEY for adults, children, and adolescents. Play therapy and coping skills for children. Ongoing feedback and education for parents. Relationship therapy. Sliding scale. Phyllis S. Shulman, M.F.C.C., 285-4724.

SHARE LOVELY NOE VALLEY view home. Room newly furnished. Excellent public transportation. A must see. \$425. 641-6139.

WE NEED A HOUSE OR UPPER FLAT to continue to live and write for the *Voice*. Jeff and Louise, 285-8844.

DEEP RELAXATION WORKSHOP. Learn how to use deep relaxation in creative ways to release physical and mental tension, stress, and anxiety, as well as conserve energy in our daily life. The workshop will include extended deep relaxation, visualization, breathing practices, and a short meditation. Tuesday, Feb. 5, 7:30 to 9 p.m., \$5. Integral Yoga Institute, 770 Dolores St., SF 94110. 821-1117.

PART-TIME OFFICE ASSISTANT. We need an enthusiastic, responsible person for afternoons in our busy Castro optometric office. Must have excellent telephone manner, like working with people, and perform a variety of office tasks. Join our pleasant professional environment. 626-0858.

GO NATIVE: Renaissance Gardeners will replace frost-damaged specimens with hardy native plants. Free consultation. Call Kenna, 641-1617.

RECENTLY MARRIED COUPLE seeking a spacious 1½-bedroom flat/cottage in the Noe Valley/Diamond Heights area. Garage preferred. Please call Dennis or Ruth Ann at 695-0173.

NOE VALLEY HOUSECLEANING SERVICE. Quality work. References. \$45 per job. Call 864-4625.

INCOME TAX PREPARATION and consultation for individuals and small businesses. Tax services tailored to fit your individual and small business needs offered in a supportive environment. I have 11 years' tax preparation experience and I am an enrolled agent (licensed to represent taxpayers before the IRS). I also offer help in organizing tax records, bookkeeping support, preparation of past year returns, and other special problems. Easy parking and Saturday appointments. Call with your questions or for an estimate. Faith Darling Tax Service, 24th/Castro, 821-4744.

PROGRAM YOUR MIND. Using an Inner Quest® audiovisual synthesizer your hypnotic state will be enhanced. You will be able to reduce stress, give up unwanted habits, and take effective control of your life. Joseph Incl, certified hypnotherapist, 647-0574.

STOP GIVING YOUR MONEY FOR RENT! Own a 2-bedroom, 1¼-bath home. \$2,000 to \$3,000 down, and \$800 to \$900 a month. Call 994-7123.

NOE PAINTING/REMODELING Company. Your permanent house-improving painters. Exterior/interior. \$15 to \$20 per hour. Free estimates. Local references, 15 years. Adam, 824-7787.

DIABETES SUPPORT GROUP. Come meet other diabetics and talk about the challenges and frustrations of coping with diabetes on a daily basis. Call Daryn, 763-2633, or Peter, 821-1539, for information.

QUALITY TREE PRUNING by certified tree trimmer. Aesthetic work with the health of the tree in mind. Reasonable rates. Call Phil, 468-7324.

DREAMWORK AND DEPTH THERAPY focused on facilitating the connection between your conscious mind and your own source of healing and guidance. Noe Valley. Affordable sliding scale. Elisabeth Feldman, M.F.C.C. intern, #13782 (supervised by E. Isenberg, licensed psychologist). 666-3226.

QUIET MATURE WORKING WOMAN, non-smoker, no pets, seeks share or apartment under \$500, near public transportation. 550-0281.

FOR SALE: '66 Mustang, six-cylinder automatic, 200 cc engine. \$2,000. Call Pat, 550-6817.

MEDITATION WORKSHOP. These are practical workshops that will enable students to begin earnest meditation on their own. A clear understanding of what meditation is, how it works, and how to make it an enjoyable daily experience will be presented. Taught by Leah Magidoff. Tuesday, Feb. 26, 7:30 to 9 p.m., \$5. Integral Yoga Institute, 770 Dolores St., SF 94110. 821-1117.

BRIGHT, FUNNY, ATTRACTIVE single white female seeks upbeat male companion. 50-plus, to share walks, travel, theater excursions. 821-9443.

PETER INNES HARDWOOD FLOORS: new installation, sanding, repairs, refinishing. free estimate. Call 355-8934. License #579969.

POETRY WANTED: The Noe Valley Voice welcomes submissions of poetry from residents of Noe Valley, Eureka Valley (the Castro), Diamond Heights, the Mission and Glen Park neighborhoods. Poems should be related to neighborhood themes, people or places. Payment, \$5 to \$50 per poem, upon publication. Send submissions with SASE (and a phone number, please) to the Noe Valley Voice, c/o Jane Underwood, 1021 Sanchez St., San Francisco, CA 94114.

How to Use Voice Class Ads

The rate for classified advertising in the *Noe Valley Voice* is 25¢ a word. Just type or print your copy, multiply the number of words by 25¢, enclose a check or money order for the full amount, and mail it to us by the 15th of the month preceding the month of issue.

It also would be a big help if you would indicate whether you are renewing an ad from a previous issue and, if so, include a copy of the published ad with your renewal.

Class advertisers should keep in mind that only the first few words of the ad (not to exceed one line of type) will be highlighted in all caps.

Our address is 1021 Sanchez St., San Francisco, CA 94114. Note: The next issue of the *Voice* will appear March 5. Please mail your ad and check—made payable to the *Noe Valley Voice*—so that we receive it by Feb. 15. Sorry, but we are unable to take phone or drop-in orders.

Also note: We cannot accept payment for insertions in more than six issues. Receipts and tear sheets will be provided only if your order is accompanied by a self-addressed, stamped envelope. □



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References Available 826 - 6918 FREE ESTIMATES CALIF. LICENSE #525753

New Baby in the House?
Tell the world.

The *Noe Valley Voice* is aware that there are lots of new babies (and proud parents) out there who'd just love to have their pictures in the paper. So don't be shy. Let us know about the new arrival, and we'll be happy to spread the news in our "More Mouths To Feed" column. Send us your birth announcement c/o the *Noe Valley Voice*, 1021 Sanchez St., San Francisco, CA 94114. We promise a good review.

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Large assortment of Victorian hardware, chandeliers, original & reproductions, oak & pine furniture, country kitchen, old tools and the unusual.

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CALENDAR

FEB. 1-16: Ten PHOTOGRAPHERS document the daily lives and struggles of men, women, and children of color infected with HIV in "The Changing Color of AIDS." Tues.-Sat., 12:30-5:30 pm. Eye Gallery, 1151 Mission St. 431-6911.

FEB. 1-23: Jim Baskerville's color NIGHT PHOTOGRAPHY will be on display at the Meat Market Cotehouse 4123 24th St. 647-2390

FEB. 1-28: Avid TRAVELERS are invited to register for the Diamond Senior Center's Las Vegas/Death Valley trip planned for April 4-11, and for a September Alaskan cruise. For a tour flyer, call 863-3507

FEB. 1-MARCH 9: San Francisco Camerawork presents "Nuclear Matters," an EXHIBITION of works by photographers, filmmakers and video artists, exposing how the nuclear industry permeates daily existence. Tues.-Sat., noon-5 pm. 70 12th St. 621-1001

FEB. 1, 2, 8 & 9: The Eureka THEATRE Company performs *Sexual Revolt: An Archaeological Dig in the Ruins of the Sexual Revolution*. 11 pm. 2730 16th St. 558-9898

FEB. 7-MARCH 22: Noe Valley artist Kit Cameron will be in a five-person show, "Dark Ages," featuring artists who use RELIGIOUS THEMES in their work. Reception Feb. 7, 5-7 pm. Gallery hours: Tues., Wed. & Fri., 11 am-5 pm, Thurs., 11 am-8 pm, Sat., noon-5 pm. San Francisco Arts Commission Gallery, 155 Grove St. 554-9682

FEB. 8: *Absolutely Positive*, a FILM DOCUMENTARY by Peter Adair, Janet Cole, and Veronica Selver, offers an intimate look at people living with the HIV virus. Reception, 6:30 pm; premiere benefit screening, 8 pm. Castro Theatre, 429 Castro St. 476-6430

FEB. 8 & 9: Singers, dancers, musicians, and actors of the graduating class of '91 are featured in a School of the Arts SENIOR RECITAL at McAteer High School. 7:30 pm. 555 Portola Drive. 695-5720

FEB. 8-10: Woodcuts, engravings, lithographs, and drawings from the 15th to the early 20th centuries will be displayed at the California FINE PRINT FAIR. Fri., 6-10 pm, Sat. & Sun., noon-6 pm. Butterfield & Butterfield Auctioneers, 220 San Bruno Ave. 731-5977



The revered G. S. Sachdev performs classical bamboo flute music of North India on Feb. 9 at the Noe Valley Ministry

FEB. 10: Gay men over 60 are invited to create Valentines at a MEN'S PDL- LUCK BRUNCH, featuring Jack Spratt's "One Man Show." Noon-3 pm. Gay & Lesbian Outreach to Elders, Francis of Assisi, 145 Guerrero St. 626-7000

FEB. 11: Walter Traverso's music will be featured at the Diamond Senior Center's birthday lunch and DANCE. Noon-3 pm. 117 Diamond St. 863-3507

FEB. 12-13: Mature adults are welcome to join the Diamond Senior Center's overnight RENO TRIP. For reservations, call 863-3507.

FEB. 14: An ongoing Thursday evening MEDITATION/PSYCHOTHERAPY group for women will be held in Noe Valley. Call Ellen J. Mack, M.F.C.C., at 282-1085 for information.

FEB. 15: "A Celebration of WELL- NESS," presented by Living Tai Chi Chuan and the Emerald Edge, features live music by the Daynappers and Friends, healthful snacks, and information on self-healing. 7:30-10:30 pm. Noe Valley Ministry, 1021 Sanchez St. 641-8860 or 647-6555.

FEB. 16: The feminist theater collective Mothertongue presents a benefit performance of *Sealed Records Sealed Lives*, a ground-breaking DOCUMENTARY FILM about surrender and adoption. 8 pm. New College, 766 Valencia St. 564-3691

FEB. 16: Planet Drum Foundation and the Latin American Studies Program at New College present "Green City Neighborhoods," a WORKSHOP focusing on the Mission District. 11 am-2 pm. 766 Valencia St. 285-6556.

FEB. 16: In honor of the Chinese New Year, LION DANCERS will perform at the Noe Valley Library. 3 pm. 451 Jersey St. 695-5095.

FEB. 16: A community TEACH-IN, "Gulf Crisis: The Media's Role in Dis/information," features KPFA's Dennis Bernstein and Kris Welch, author Norman Solomon, *S.F. Weekly* editor Marcello Rodriguez, and freelance journalist Laura Fraser, who recently visited Iraq. 7:30 pm. Modern Times Bookstore, 968 Valencia St. 282-9246

FEB. 16 & 17: The neo-folk group BLUE RUBIES performs music influenced by Prince, the Clash, Rimbaud, and Dorothy Parker at the Noe Valley Music Series. 8-15 pm. Noe Valley Ministry, 1021 Sanchez St. 647-2272

FEB. 17: Richard Criley, West Coast director of the National Committee Against Repressive Legislation, discusses his BOOK *The FBI vs. the First Amendment*. 7 pm. Modern Times Bookstore, 968 Valencia St. 282-9246

FEB. 17: KIDSHOWS' performing arts series for children presents excerpts from *Alice in Wonderland* performed by the Berkeley Ballet Theatre. 2:30 & 3:30 pm. Noe Valley Ministry, 1021 Sanchez St. 841-0211

FEB. 19: The new San Francisco SUPERVISORS and board president are scheduled to speak at the Democratic Women's Forum's meeting. 6:30 pm. State Building, 445 Golden Gate Ave. 585-2661



Blue Rubies evoke the 1960s with haunting lyrics and eclectic instruments at the Noe Valley Music Series Feb. 16 and 17. PHOTO BY ANNE HAMMERSKY

FEB. 19: Women of all sexual preferences are invited to bring poetry or prose, original or not, to Good Vibrations' EROTIC READING Circle. 7-9 pm. 1210 Valencia St. 550-7399

FEB. 20: Officer Jere Williams of the S.F.P.D.'s Juvenile Bureau will speak on the topic of CHILD SEXUAL ABUSE. 7:30 pm. Noe Valley Nursery School in the Noe Valley Ministry, 1021 Sanchez St. 282-2317

FEB. 20: The S.F. chapter of the Society for Technical Communication presents "Mixing Apples & Oranges: Successful PAGE DESIGN." 6 pm. Galleria Park Hotel, Cactus Room. 191 Sutter St. 985-7121 or 769-9964

FEB. 23: Celebrate the 10-year anniversary of the Noe Valley Music Series with the WORLD BEAT sounds of Kassia's All-Stars and special guests. 8-15 pm. Noe Valley Ministry, 1021 Sanchez St. 647-2272



FEB. 23: A CRAB FEAST at St. Paul's Elementary School will benefit "Project Ocean." No-host cocktails, 6 pm; dinner, 7 pm. 1660 Church St. Call 648-2055 between 9 am & 3 pm for ticket information

FEB. 23: This month's PSYCHIC READING FAIR will be held from 2-4 pm at the Noe Valley Ministry. 1021 Sanchez St. 346-7906

FEB. 24: A DANCE and raffle are scheduled to benefit Buena Vista Elementary School. 8 pm-midnight. Cesar's Latin Palace, 3140 Mission St. 626-9705

FEB. 24: Gay & Lesbian Outreach to Elders (GLOE) sponsors a WOMEN'S DANCE/fundraiser to send low-income older lesbians to the April 1991 Lesbian National Conference. 3-6 pm. 450 Geary St. 626-7000

FEB. 25: The Owner-Builder Center offers a SEMINAR on "Home Energy Conservation Projects." 7-10 pm. 182 Second St. Call 848-6860 for reservations and information

FEB. 26: The Noe Valley Library presents FILMS for preschoolers at 10 & 11 am, and for ages 6 and older at 3:30 pm. 451 Jersey St. 695-5095.

FEB. 26: Leah Magidoff leads a meditation WORKSHOP at the Integral Yoga Institute. 7:30-9 pm. 770 Olores St. 821-1117

MARCH 1 & 2: Kairos House sponsors "Empowerment for Caregivers," the first Bay Area CONFERENCE for people who care for HIV-infected persons. 9:30 am-4 pm. St. Mary's Cathedral Conference Center, 1111 Gough St. 861-0877

MARCH 2: Jazz pianist JESSICA WILLIAMS performs her farewell concert and last U.S. performance before she moves to Copenhagen. 8-15 pm. Noe Valley Ministry, 1021 Sanchez St. 647-2272

FEBRUARY 1991

FEB. 2, 9, 16 & 23: Voices/SF, Bay Area Youth Opera will AUDITION children ages 5-16 for David Ahlstrom's "Song of the Golden Fish," based on the Chinese Cinderella story. Noon. Mission Cultural Center, 2868 Mission St. Call 431-2027 for an appointment.

FEB. 5-7, 11 & 12: The Shanti Project offers TRAINING for home care companions of people with AIDS/ARC. 7-10 pm. Call Celi Adams at 824-3269 for advance registration and information

FEB. 5, 12, 19 & 26: A SUPPORT GROUP for parents of sexually abused children meets at the Noe Valley Ministry. 6 pm. 1021 Sanchez St. 282-2317

FEB. 5, 12, 19 & 26: The Diamond Senior Center offers a slower-paced weekly WALK for beginners on Tuesdays at 9:30 am, in addition to its faster-paced 3-4 mile walk (Mondays, 9 am). 117 Diamond St. 863-3507

FEB. 6, 13, 20 & 27: Babies, toddlers, and their parents are invited to the Wednesday LAPSITS at the Noe Valley Library. 451 Jersey St. 695-5095.

FEB. 7: "Come with Your Pen: A Sex Writing Primer" is a WORKSHOP on writing erotica led by Lisa La Bia, publisher of the sexzine *Magnet School* and managing editor of *On Our Backs*. 7-9 pm. Good Vibrations, 1210 Valencia St. 550-7399

FEB. 9: Celebrated flute-player G. S. SACHDEV performs classical music of North India with tabla artist Shayam Kane. 8-15 pm. Noe Valley Ministry, 1021 Sanchez St. 647-2272.

FEB. 9 & 10: The Marsh performance space at Cafe Beano presents "Will, Just Will," brunchtime ACOUSTIC GUITAR and songs by Native American musician Will Knapp. 1:30-3:30 pm. 876 Valencia St. 641-0235.



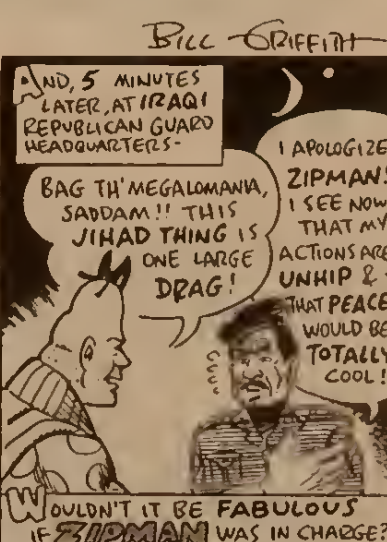
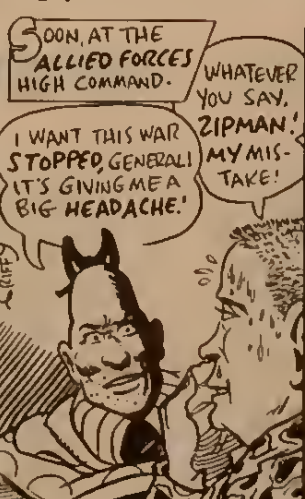
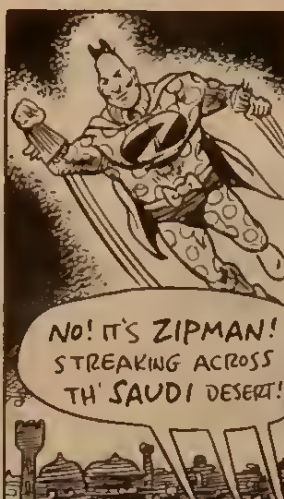
FEB. 10: Modern Times Bookstore hosts a Valentine week READING of poetry and prose from a new anthology drawn from the erotic journal *Yellow Silk*. 7 pm. 968 Valencia St. 282-9246.

FEB. 10-MARCH 20: The ARTWORK of Alan Azhderian, Mark A. Reynolds, and Stephen Wong is featured in "Black and White." Reception: Feb. 24, 11-30 am-2 pm. Gallery hours: daily, noon-5 pm. Gallery Sanchez, Noe Valley Ministry, 1021 Sanchez St. 821-4117.

ZIPPY



"ZIPLMACY"



The Scoop on CALENDAR

Please send calendar items before the 15th day of the month preceding the month of issue to the *Noe Valley Voice*, 1021 Sanchez St., San Francisco, CA 94114. Items are published on a space-available basis, with Noe Valley neighborhood events receiving priority. Note: The next issue of the *Voice* will appear March 5, and will cover events taking place March 5 through April 1. The deadline for calendar items is Feb. 15.

